

the Hummm

free

Arts,
Entertainment
& Ideas



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September's Events



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Fabulous Fibrefest

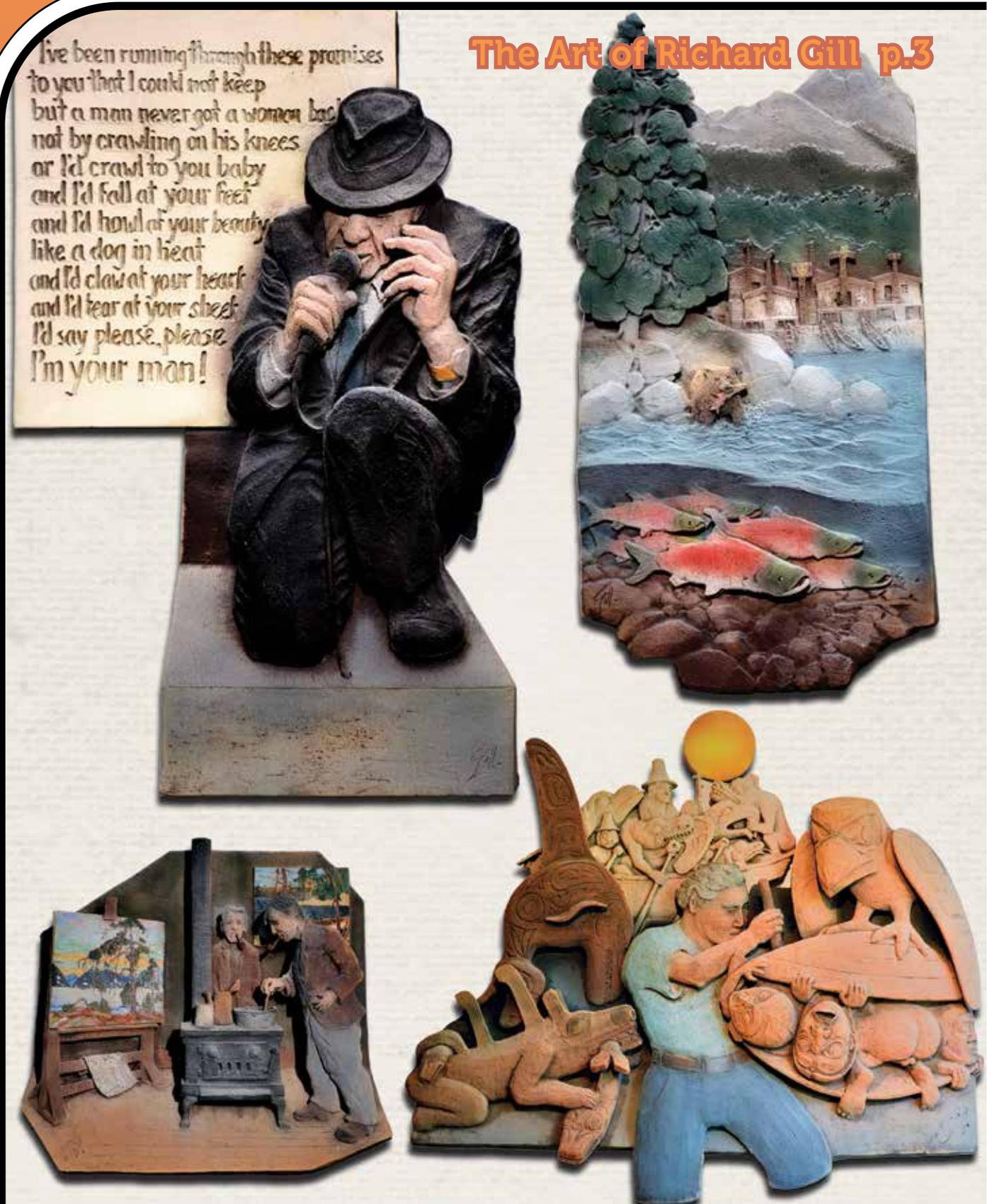
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Patrick Kelly
SALES REPRESENTATIVE

A Taste of the Valley

Between harvest time at farmers' markets and the burgeoning local food scene, September is one of the most delicious months to visit the Ottawa Valley. And if you happen to develop a taste for the area, I can help you find the perfect place to call home!

Pat's Picks A Feast of Fall, Sept. 3 • blacktartankitchen.com/events
for Farm to Fork Dinner & Dance, Sept. 9 • downtowncarletonplace.com
September: Lanark County Harvest Festival, Sept. 10 • harvestfestival.ca
Almonte Food + Drink Show, Sept. 16 • almontefoodanddrink.ca



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"I don't like the looks of this one little bit!"

Help Celtfest Continue!

This year's Almonte Celtfest was another successful event honouring the Celtic music traditions of the Ottawa Valley. Despite showers and wet grounds, the show went on thanks to the enthusiasm, hard work, and dedication of the entertainers and volunteers who are the backbone of this amazing festival. There was no shortage of good nature, bare feet, and resounding music to keep spirits up no matter what the weather dished out! Many thanks to all who made it happen, not only this year, but for the past 21 years.

However, after 21 wonderful years as Almonte's longest running festival, it does not appear possible to organize the 22nd edition. We currently have a small and enthusiastic group of very capable volunteers on the organizing committee, but no Festival Chair to carry us forward into the next planning season.

We do have leadership and volunteers for the Finance portfolio, but we need people to learn the ropes and take the lead on other subcommittees, eg. Vendor Coordinator, Promotions and Publicity Chair, Volunteer Coordinator, Site Manager, Fundraising, and Administration and Employee Supervision. We also have some great volunteers for the Artistic Committee, and a cadre of volunteers willing to work at the festival or in specific roles leading up to the festival. But with no person(s) to lead the festival, and no directors in the above-mentioned positions, unfortunately, we cannot continue.

Celtfest Meeting on September 12

A public and general meeting is planned for Tuesday, September 12 at 6:30PM at the Almonte Old Town Hall. There will be music and refreshments. If no one steps forward to lead next year's festival, this meeting will signal Celtfest's closure.

If you are committed to stepping into one of the key roles, please let us know before the meeting by emailing <almonteceltfest@hotmail.com>, or during the meeting. Please also feel free to direct any questions about these roles to the same email address, and bring your thoughts to the meeting. New ideas and enthusiasm may spark a transformation of this beloved festival of Celtic music and dance into something sustainable for the future.

—Ruth DuBois



(above) **Jen C. Empey** wrote: "Don and I visited Scotland in May 2015, we brought along our Humm and had our picture taken at Loch Ness. Although Nessie (the Loch Ness Monster) didn't come out to play with us, we thought the picture came out well and wanted to share it with you and your readers! This picture is a beautiful snapshot of Loch Ness in all its glory."

(below) Hi "Humm Folks!" On March 28, 2015, **Sylvia Coones** of Peterborough, Ontario, celebrated her birthday by introducing theHumm to "Hamish MacDuff" (of parts unknown) while enjoying the pristine coastline at Maimon Bay, Dominican Republic.



The Hub is Temporarily Relocating

The Hub, located in its current building in Almonte on the corner of Bridge and Mill Streets, has served the community well for the past 19 years. Over the last few years, however, the Board of Directors have been reminded that many of the building elements have reached the end of their life cycle and major investments are now required. At the AGM meeting held on June 26, 2017, the Board of Directors outlined the findings from a recent study that had been conducted on the building, and the membership voted overwhelmingly to have the Hub temporarily relocate until a long-term plan is in place.

After a long search for rental space, we are happy to announce that we have agreed to a lease at Unit 1, 14 Industrial Avenue, Almonte, with the aim of relocating by October 31, 2017. The new space is the previous Divine Consign location and, most importantly for us, it is in the same mall as our Rebound Store. We call on our customers and our Mississippi Mills community to support us in this temporary move. With your support, we can continue to give the kind of service we have given for 43 years and provide financial support to organizations and individuals in this area. Additional information will be released as planning on the move progresses.

— Nancy Dupuis, President, Almonte Community Coordinators (Hub/Rebound)

Humble Thought

Art washes away from the soul the dust of everyday life...

— Pablo Picasso

Never squat with your spurs on...

— Will Rogers

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theHumm is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Smiths Falls, Burnstown, White Lake, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley — where the arts flourish and entertaining characters run amok!

Submissions

By email or on disk.

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Thanks this month to:

Sanjeev Sivarulasa, for organizing the community-focused (and solar-focused) Solar Eclipse Party in downtown Almonte. Thanks also to everyone who assisted him or came out to safely view the eclipse — a "stellar" time was had by all!

Richard Gill — Iconic Sculptures Celebrating Canadian Icons

Burnstown sculptor Richard Gill is making a significant and lasting contribution to Canada's sesquicentennial celebration with his new collection of sculptural tributes to Canadian icons. Guaranteed to elicit true patriot love, his heartwarming clay relief wall hangings depict treasured Canadian celebrities such as Wayne Gretzky, Leonard Cohen, Joni Mitchell and Norval Morrisseau.

by Sally Hansen

In this celebratory **45th Anniversary Fall Show** opening September 30th, he also pays homage to Canada's iconic wilderness beauty. In addition to the requisite moose, a bear eyeing spawning salmon, and a beaver at its lodge, he depicts Tom Thomson and Arthur Lismer painting their beloved "Group of Seven" landscapes in Thomson's cabin.

Gill's tribute to his country doesn't stop there. His new works include a likeness of a very rare 50¢ stamp featuring Nova Scotia's racing schooner Bluenose, and a wonderful sculpture of the De Havilland Beaver bush plane. Other highlights feature milestone events like Chris Hadfield tethered to the Canadarm space shuttle suspended over planet Earth. Another work captures the magic and colour of Cirque du Soleil.

It occurs to me that these relief sculptures, laughingly guaranteed to last for 5,000 years (kiln-fired at 2250°F), are in themselves icons. The legacy of the brilliant MosaiCanada living plant sculptures still on display in Gatineau is that each will be donated as a renewable emblem to the province it honours. Likewise, there is no doubt in my mind that each of Gill's new celebratory "Canadian Icon" sculptures will be passed down for generations to come by its appreciative owner.

When I interviewed him recently I was so impressed by his works that I suggested, only partly in jest, that he auction them, starting the bidding at his current price. His response was classic Richard Gill — he couldn't do that because it would not be fair to his loyal customer base. And it is a loyal following. One organization has purchased over 300 pieces, and another collector has over thirty. While I was in his studio, we were interrupted briefly by a former customer bringing a friend who wanted to request a commissioned work — a testament to the aesthetic and emotional power of his work.

It is that combination of Gill's exquisite artistic talent brought to bear on subjects that have deep

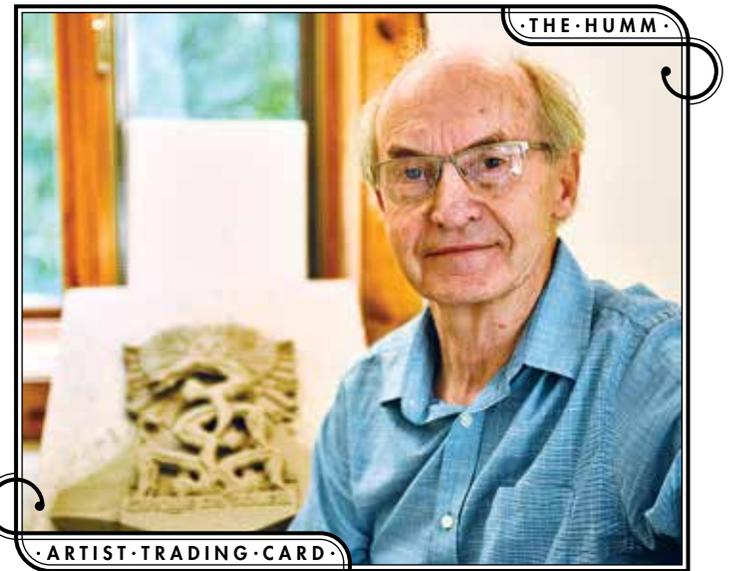
emotional resonance that is responsible for his enduring success. He enjoys many longstanding commitments to produce annual plaques and other sculptural awards, some to honour donors, some to recognize outstanding achievements. The range of his subject matter is extraordinary — from the humorous pig awarded annually to the winner of the Calabogie Blues & Ribfest to religious icons for churches — his talent for drawing and sculpting recognizes no bounds.

theHumm first featured Gill's art in our July, 2001 issue, and what I wrote then remains valid today. Richard's choice in 1970 to forego his promising career as an architect in a prestigious firm in



Toronto to pursue the peace of mind and contentment of creating sculptural art remains unwavering.

His personal history is fascinating. In a sanity-preserving, quality-of-life choice, he superseded his Bachelor of Architecture degree from Pennsylvania State University with a diploma of Applied Arts in Ceramics from Sheridan School of Design. He has taught summer courses at Haliburton School of the Arts for the past 20 years and continues to offer nu-



merous courses and workshops throughout Ontario. Coincidentally, a few days ago a friend of mine who is a talented artist herself raved about his work and his recent presentation to the Kanata Art Club.

Space prevents me from telling you about how he used his knowledge of dodecahedrons to earn admission to Sheridan, or about his adventures and successes in the Maritimes. To find out more, you might consider attending one of his classes that are described on his website.

Gill's detailed drawings of each piece remain works of art in themselves, and he has achieved even greater levels of perceived depth through his amazing mastery of perspective. All his formal architectural training and talent remain evident in his exquisitely wrought works. He now uses a commercial raku clay. It is smoother than the recipe he had developed and used for many years, allowing him to achieve more intense colours with the underglazes he uses to paint the meticulously sculpted details that bring each piece to life.

His commitment to family, community and his art has never faltered. His fondest tribute from a client occurred when he delivered a commissioned wall plaque to a customer who had sent him a photo of her grandparents' home in the Ukraine. She burst into tears and exclaimed, "You have no idea of the flood of memories that came rushing back!" Many commissions are of familiar places — a cottage, a terrace, a faraway landmark. I highly recommend you take a moment to review "A Sampling of Richard's Commissioned Works" at a link on the website he shares with his wife and partner, Cheryl Babineau, at <burnstown.ca/bittersweet>.

Entitled "Canadian Icons," Richard Gill's stunning 45th Anniversary Fall Show kicks off on Saturday, September 30 with a vernissage from 2–8PM at the couple's combined Bittersweet Gallery/Fog Run Studio. It is about an hour from both Ottawa and Perth, just NW of the intersection of Hwy 508 (Calabogie Road) and 52 (Burnstown Road). The show will continue to October 9 daily from 11 to 5. Richard will give an artist's talk on September 30 at 3PM and 7PM and again at 3PM on Saturday, October 7.

Their website describes Gill's brilliant new body of work as "unique and diverse as we are as a people," and "beautifully rugged and resilient as our own Canadian landscape..." I completely agree, and I'm still tempted to show up early, buy several pieces and auction them off. Gill creates only originals; each piece is and will remain unique — and priceless in the hearts of many Canadians.

Consult the back of Richard's Trading Card and our website at <thehummm.com> for many additional sources of information about this gifted and patriotic Burnstown artist.

the
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WHO Richard Gill

WHAT Clay Relief Sculptor

WHERE Fog Run Studio at Bittersweet Gallery, 5 Leckie Lane, Burnstown; 433-9990 or 432-5254; <bittersweet62cb@hotmail.com>; <burnstown.ca/bittersweet>

WHEN Sept. 30 – Oct. 9, 45th Annual Fall Show: "Canadian Icons". Vernissage Sept. 30, 2-8PM, Fog Run Studio at Bittersweet Gallery

WHY "Sculpting in clay allows me to draw, and I'm fascinated by the illusion of depth it allows me to achieve."

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THE HUMM

Fall for Fibrefest!

Almonte's 2-Day Celebration of the Fibre Arts

When the kids head back to school and the first hint of autumn is in the air, Almonte starts gearing up for its favourite fall festival: Fibrefest! This year's event — the 22nd annual celebration of the fibre arts — takes place on the weekend of September 9 and 10 at two locations in town. For the low admission price of \$5 per day, visitors will find demonstrations, vendors, and exhibits at both the Mississippi Valley Textile Museum and the Almonte Arena.

Local guilds will demonstrate spinning, knitting, weaving, rug hooking, lacemaking, smocking and quilting. Vendors include spinners, weavers, and fibre artists from across the province, as well as quilt shops and alpaca farms. And at 4PM on September 10, hundreds of felted lambs will be spun in a bingo spinner at the arena, and the owners of the first three lambs to come out of the spinner will win fabulous prizes. Tickets for the spin will be on sale during Fibrefest at the arena.

During the two-day festival, the Friends of the Mississippi Valley Textile Museum will offer their popular tea room services featuring homemade goodies, beverages and sandwiches at very reasonable prices. At the museum, explore the permanent history exhibit *Fabric of a Small Town*, which interprets how a piece of wool becomes a piece of finished cloth and includes industrial machines used throughout the process. Also on display this year is the featured exhibit *A Life Inspired*, a retrospective of works by William Hodge. Mr. Hodge is a retired teacher from the textile faculty of the Ontario College of Art and Design in Toronto. His extraordinary works of beaded portraits and woven tapestries are in permanent collections of institutions around the world. Mr. Hodge will be doing a walk-through of his exhibition on Saturday, September 9 (with wine and cheese — the cost is \$20 and it is limited to 30 people), and another on Sunday at 2PM that is open to the public.



Not only will there be demos, vendors and exhibits at this year's Fibrefest — there will also be dozens of hands-on workshops! Register at <mvtm.ca> so you too can make adorable felted animals like Lulabelle (above, by artist Wendo Van Essen)

New for 2017 — Fibrefest Workshops!

For the first time, several hands-on workshops will be taking place in conjunction with Fibrefest. This is your chance to roll up your sleeves and get felting, weaving or hooking with talented fibre artists and vendors. There's a terrific variety of workshops — some for adults and some for children; some using traditional materials and techniques, and others that are not-so-traditional (felt soap, rope making and garbage art, to name a few!). All of them will celebrate the colours, textures and diverse crafts that create beauty from natural fibres.

Workshops run on Friday, Saturday and Sunday (September 8-10) at both the museum and the arena, and registration fees include free admission to the festival. Registration for each workshop is via Paypal through <mvtm.ca>, and a portion of the funds benefits the Textile Museum. Advance registration is required and some workshops may need you to bring some of your own supplies, so do check out the website and sign up early to avoid disappointment!

Whether you are interested in art, history, clothing or textiles, or are just looking for a great day out and about, Fibrefest will have something for you. Admission is \$5 per day, which includes access to all sites. Find out more at <mvtm.ca> or by calling the Mississippi Valley Textile Museum at 256-3754.



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BARBARA GAMBLE & SUSAN TOOKE

BACKLANDS



Barbara Gamble, "Heron Fable #1", oil and wax on canvas, 24x24 inches, 2017

a duo exhibition
Sept 1 - Oct 8, 2017

Vernissage/Meet the Artists:
Saturday Sept 9, 3pm-6pm



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sivarulrasa.com
613.256.8033



Susan Tooke, "Spirit Journey", acrylic on wood panel, 36x36 inches, 2017

Between the Lines

A Songwriters' Summit at The Cove Inn in Westport

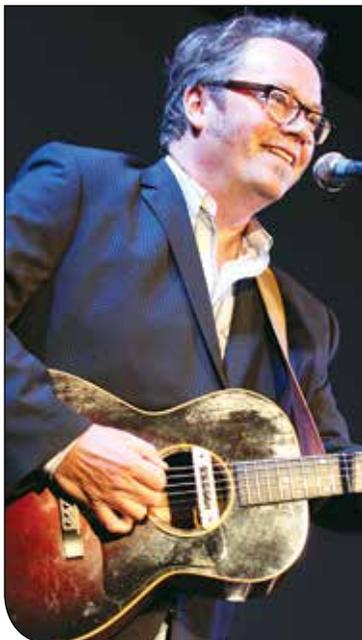
The four songwriters taking part in the 2017 Between the Lines event on September 23 at The Cove in Westport could fill a large transport with their combined awards and accolades.

No stranger to The Cove, Rick Fines, who was part of the original line-up in 2014, is the recipient of multiple Maple Blues awards, and winner of the 2003 International Songwriting competition. A skilled and engaging storyteller and player, Fines is a frequent collaborator with the marvellous Suzie Vinnick, also appearing this year. Vinnick has racked up ten Maple Blues awards, two International Songwriting Competition awards and a Juno nomination over her career. A powerful singer and killer player, she has been delighting audiences all across Canada.

Also appearing this year is Canadian Country Music Hall of fame inductee Wendell Ferguson, a revered guitar picker with multiple CCMA and Juno nominations under his belt. Wendell has recorded and performed with the likes of Gordon Lightfoot, The Dixie Chicks and Shania Twain, to name a few. He is beloved far and wide for his delightfully offbeat and humorous songwriting. Last but definitely not least is the phenomenally talented Jenny Whiteley, who has garnered two Juno awards, a SOCAN No. 1 Song award, and a gold record with the famous family band The Whiteleys. Jenny is also bringing along her husband, Joey Wright, to back her up. Wright is a brilliant and sought-after musician who has appeared on many highly acclaimed Canadian recordings, including those by Sarah Harmer, Amy Millan, Doug Paisley, and the late Ron Hynes.



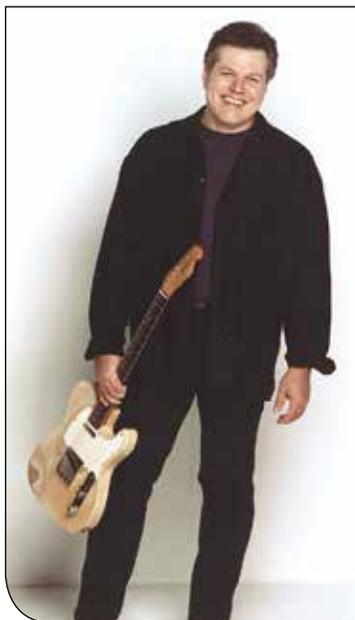
Between the Lines began as a surprise event organized by Vanessa Burnett for her husband Kevin Head, the night before their wedding at the Cove. That show, featuring Fines, Terry Tufts, Dean McTaggart and Head, was so well received that Cove Inn manager Seamus Cowan suggested they make it an annual event, and it



continues now for a third edition. Head, an accomplished musician himself, has personal connections with many of the performers and has been key in helping to bring them on board for the show. Burnett coordinates the logistics, marketing and promotion, and Cowan and The Cove provide the perfect environment for these intimate acoustic concerts (not to mention the incredible pre-show buffet dinner prepared by the amazing Chef Joanne Edwards and her staff).

Modeled in the spirit of the renowned Bluebird Café, Bluebird North and Hugh's Room concerts, the show gives people an opportunity to hear the stories behind the artists' songs, and enjoy the music in its most raw form. It's a rare treat both for the writers and the audience to experience these performances in a listening room. The real magic of this type of show is what happens in the moment when such diverse talent comes together on one stage — spontaneous jamming and harmonies often ensue, and always a few laughs.

Dinner is at 7PM, and the music starts at 8:30. Reservations are highly recommended for this very special event, as dinner and the show are only \$55 per person (plus HST). Email <info@coveinn.com> or call 273-3636 or 1-888-268-3466. Find out more about the amazing artists in this year's line-up, and get updates, by checking out Liner Notes LIVE on Facebook.



This year, Between the Lines features Suzie Vinnick, Jenny Whiteley, Rick Fines and Wendell Ferguson (clockwise from bottom left)

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22nd Annual
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10am-5pm
Sunday, SEPTEMBER 10
10am-5pm
TWO DAY FESTIVAL of FIBRE ARTS
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Super September Stuff in Miss Mills

Ahhh September — when kids head back to school to focus on the three Rs (reading, writing, and resisting the temptation to check their cell phones), and the big kids can focus on the three famous Fs in Mississippi Mills — fibre, food and fun, of course!

First up is **Fibrefest** — Almonte's annual celebration of the fibre arts — taking place on the weekend of September 9 and 10 at the Mississippi Valley Textile Museum and the Almonte Arena. For only \$5 per day, visitors will find demonstrations, vendors, and exhibits; and this year you can also register for a whole slew of hands-on workshops! You'll find more details on page 4 of this issue, and you can register for those awesome workshops at <mvmtm.ca>. My good friends at The Hub wanted

by Miss Mills, Puppet Reporter

me to let you know that, thanks to generous donations from residents of Mississippi Mills and neighbouring communities, they will be holding a **Bridal Fashion Fundraiser Sale** at this year's Fibrefest. Expect plenty of vintage and modern gowns, flower girl dresses, tiaras, veils, fascinators, petticoats, shoes and more at their booth at the Almonte Arena!

Another terrific event is taking place on Saturday, September 9 — the **Mississippi Mills River Walk & Run** in support of the Almonte General Hospital. Presented by Shoppers Drug Mart, this annual fundraiser includes a 3K, 5K and 10K walk/run, as well as a 3K family fun event. You can register as an individual or a team, and there are loads of great perks and prizes for collecting pledges. Find out more at <almontehospitalfoundation.com> or by calling 256-2500 x2296.

On the fun front, everyone is invited to the Almonte Arena to find out about all of the great classes, clubs and organizations you can join to keep yourself — and your kids — busy throughout the year. **Mississippi Mills At A Glance** takes place on Wednesday, September 13 from 7-9PM. Admission is free, and the possibilities are almost endless! If you are promoting an activity or organization, you can still call 256-1077 to reserve your table at this popular annual event.

Next up is your opportunity to find out what foodies all over the area are fast discovering — the local food scene out here in the Ottawa Valley is mushrooming! Here to serve up the best of the best is the fifth annual **Almonte Food & Drink Show**, taking place this year on Saturday, September 16, from 1-5PM at the Almonte Arena. Featuring many of the area's best local wine, beer, beverage and food producers, it will be a great way to develop a taste for the area. Tickets are \$20, and you can find them (as well as more details about this year's vendors) at <almontefoodanddrink.ca>.

There's more fun to be had the very next day at the **Car Show & Shop** in downtown Almonte. September 17 is the date, 10AM to 3PM is the time, and the Almonte General Hospital is the beneficiary of all event proceeds! The good folks at the Almonte Civitan will serve up a BBQ breakfast and lunch, and of course the weather will be fine, so plan to spend the day wandering around, checking out the cars as well as the delightful shops and restaurants



Come on out to the Mississippi Mills River Walk & Run for AGH on September 9. Last year, Team Uncorked won top Fundraising team, and captain Tina McLelland was top fundraiser!

province to serve as goodwill ambassadors — will give a show at 6PM along Graham Street (Hwy 29). During their performance, the riders take their motorcycles through a series of complex patterns, demonstrating the manoeuvrability of the bikes and the skills of the riders. The Harleys that they ride have 1690 c.c. engines and weigh 800 pounds — so this will be an impressive display indeed!

October... and Beyond

Save the date! The third annual **Zombie Walk** will take place on Saturday, October 14. This event raises funds for two animal rescues and a local food bank, so shamble over to Facebook and check out Almonte Zombie Walk, or grab a copy of the October issue of theHumm for more gory details...

Almonte in Concert hosts chamber music concerts at the Almonte Old Town Hall, and is privileged to welcome internationally acclaimed classical musicians in every discipline. From humble beginnings in private homes, the concert series now fills the beautiful Almonte Old Town Hall, an acoustic gem for chamber groups. They have this year's line-up all ready for your auditory enjoyment, with the first concert — *Northern Reflections* featuring the Lapland Chamber Orchestra — scheduled for Sunday, October 15 at 1:30PM. Their very popular annual holiday concert, this year entitled *Secrets of Christmas*, takes place on Saturday, December 2 at 7:30PM, and features famous Canadian baritone Gino Quilico and a dynamic trio of violinist Pascale Croft, cellist Marianne Croft, and pianist Dominic Boulianne ringing in the season with a traditional Christmas programme of sacred and secular works.

The series continues in 2018 with *From Russia with Love*, featuring Paul Merkelo on trumpet and Janelle Fung on piano (Sunday, January 21 at 2PM); *A mari usque ad mare* with the Saguenay and Lafayette String Quartets (Saturday, March 17, at 7:30PM); and *Of Church and State* with Philip Chiu on piano (Saturday, April 21 at 7:30PM). There is also a special "out-of-series" concert taking place on Sunday, February 18 at 2PM entitled *Beethoven On Record* and featuring Andrew Wan on violin and Charles Richard-Hamelin on piano. Details about all shows, performers and pricing can be found at <almonteinconcert.com>.



This year's eagerly-anticipated Almonte Food & Drink Show takes place on September 16 at a new venue — the Almonte Arena

downtown. Car registration is only \$10, and you can call organizer Peter Bell at 256-4023 for more information.

Later on that same day, you'll want to make your way down to the Agricultural Hall at the Almonte Fairgrounds from 5-8PM for a **Live Auction & Entertainment** to benefit the Mississippi Valley Textile Museum. This multi-faceted event features auctioneer extraordinaire Frank Burns, as well as entertainment by local fiddler Alex George, Queen Victoria and Sir John A. Macdonald (from Puppets Up Presents), Ken Ramsden & the History Buffs, Glen Silverson's Sons, and the Sweeney Sisters. Refreshments will be served, and a recently discovered time capsule from 1870 will be on display. Tickets will be available at the Museum (3 Rosamond St. E.) and Baker Bob's (73 Little Bridge St.) for only \$5.

Follow the fun over to Pakenham on Friday, September 22, when the **OPP Golden Helmets** — a precision motorcycle riding team that travels the



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Pancake House & Sugar Bush presents:

Fall Splendor

Sept. 30-Oct. 4, 2017, 10AM-3PM

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NEW! We are proud to partner with local businesses and artisans to offer a selection of workshops.

Registration is now open at www.fultons.ca.

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- 🍂 Nature Sound Bathing (Wilderness Rhythms)
- 🍂 Woven Reed Soap Trivets (Ankaret Dean, Basketmaker)
- 🍂 Animal Tracks & Awareness (Chad Clifford, Wilderness Rhythms)
- 🍂 Grapevine Baskets (Ankaret Dean, Basketmaker)

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FEATURE EXHIBITION September 19 – November 5

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The Last Frame – A Visual Diary

Photographer Alan Mirabelli is leaving his life as he lives it — deeply attentive, “looking outward to see within,” and never walking alone.

When his extensive coterie of artist friends learned of his recent medical verdict of “terminal,” they insisted that he launch a final show of his lifetime collection of the images that have nourished and defined him.

Those friends are also his fans, his photographic subjects, collaborators, and devoted support system. All of his protests were met with solutions — they would take care of everything his flagging energy rendered him incapable of: they offered the venue, assistance with the framing, the hanging and the promotion. Eventually he agreed when he discovered the “Why?": he would include their presence in the show as his affirmation that “I never walk alone...” Alan’s “Last Frame” includes one piece by each of fourteen outstanding artists who inspire, support and encourage him.

The result is an invitation to all to attend Alan Mirabelli’s final photographic exhibit. The show is titled *The Last Frame – A Visual Diary*, and Mirabelli’s subtitle (and personal mantra) is “Looking Outward to See Within.” His striking photographs will be on display at the Almonte studio of his fellow artist and friend, Mary Pfaff, at 15 Bridge St. from September 23 to October 1, from 10AM to 5PM.

Drawing on an unquenchable resolve to live life fully, Alan plans to be in attendance from 2–5PM both weekends — September 23 & 24 and September 30 & October 1. When I expressed my concern, he reassured me that he considered the show his living wake, and that he had no intention of missing it. “I want to enjoy the brief time I have left saying thank you to friends,” he explained. He is incredibly impressed by and hugely grateful for the community support he is receiving, and bought a new camera last week to document his palliative care.

The Last Frame is organized around two themes: a new body of work titled “The Artist Series,” and a retrospective of his photographic journey — a journey that he acknowledges as his salvation during a mid-life crisis and depression eighteen years ago. Mirabelli is the first artist that *theHumm* has previously featured twice, most recently in February of 2016. That article quotes him as saying, “My photographs are like punctuation marks in a journey... an echo of time. My object is to explore, to feel, to see anew, to journal visually.

Each image is a topographic map of emotion... a moment chosen, a choice to stand still...”

Mirabelli said then that his photographic meditations are mementos of precious moments — how he remembers, and how he will be remembered. This final show is proof positive of that statement.

A New Oeuvre

About two years ago, when mobility issues began to interfere with his exploration of the landscape, he conceived of “The Artist Series” from a desire to explore “a new visual voice.” Alan’s original intent was to produce a book celebrating the works of forty local artists whose work he admires. Life interruptus has made it impossible for him to continue, but, as always for Mirabelli, his approach resulted in a further evolution of his own growth as an artist.

He had learned to approach landscape photography as a personal conversation, an exploration of innumerable choices, requiring attention and patience, and foregoing preconceived notions of what the image should be. Wisely he decided to apply these lessons to his new environmental portraiture — creating portraits executed in the subject’s usual environment to explore and illuminate his or her life and work in context. He explains: “As I observed each artist at work I have been inspired to see differently and to interpret the moment with an informality and spontaneity. My image-making sought to understand the evolution of an artist making a mark.” Mirabelli’s new marks are stunning.

The Last Frame is a joyous celebration of the evolution of a fine artist. Alan Mirabelli’s journey of self-discovery has been accompanied by his dedication to mastering his craft. That has enabled him to turn a thought or an insight or a revelation into an image that evokes emotional response on the part of the observer. Art is a language, and Alan is a photographic poet.

He also is generous. On his coffee table is a gift just received from the members of the Circle for Creating Living Contemplative Photography Group. It is their tribute to the enormous contribution Mirabelli has made since Sue Evans approached him to mentor the group. In the book, Laurette Lafleur wrote on her page, “Alan, you are the ray of sunshine that will continue to nourish my creative spirit.”

Alan Mirabelli has written “We are in every image we take.” *The Final Frame* is a beautiful show. — *Sally Hansen*



Alan Mirabelli (above, photographed by Carol Coutu) will be holding an exhibition of his works at Mary Pfaff’s studio in Almonte, from September 23 to October 1. Alan plans to be in attendance from 2–5PM on both weekends of the show.

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The Last Frame

A Visual Diary

mary pfaff studio

15 Bridge St. Almonte, ON

Sept. 23 - Oct. 1, 2017

Studio hours: 10 a.m. - 5 p.m.

Artist in attendance: 2 - 5 p.m.

Sat./Sun. Sept. 23 - 24 / Sept. 30 - Oct. 1

Alan Mirabelli

“Looking Outward to See Within”



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Lend Us a Tenor!

A wonderful workshop choir is seeking tenors who read music fairly well. We rehearse in Almonte on Thursday mornings but don't give concerts. Please email <cherylwoodsworkshopsingers@gmail.com>.

Waking Up in Our Lives: Living Meditation

A Daylong Retreat with Daryl Lynn Ross, guiding teacher, True North Insight Meditation
Saturday, Sept. 23, 11AM to 5PM at the Yoga Connection, Perth
info & reg: www.truenorthinsight.org

Fall Tea, Bake Sale & Bazaar

At Ashton United Church. Saturday, Sept. 30, 11AM-1PM
Homemade soups & chili, crusty bread, muffins & cookies, tea & coffee. Adults \$8. children (6-12) \$4, under 6 free
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tapastree — A Wonderful Weave

Local Music and Food, Community and Caring

Mills Community Support is doing it again: weaving together music, local food and drink, and caring supporters into one great evening you won't want to miss. Their annual fundraiser **tapastree... music, morsels and memories** is back for its second year on Saturday, September 30, at the Carleton Place Town Hall at 175 Bridge Street. Featuring the spirited jazz of Peter Brown and his talented quartet, and a lineup of delicious food from local sources, a limited number of tickets still remain for this great evening.

The vision for tapastree was to showcase local talent, food, and the caring and passion in our communities. So to craft this event, the Mills did what they do best — convene, connect, and cultivate. They reached out and asked the community for their talent and their support, and as a result the event will feature great local food, local craft beer, wines, and spirits, and entertainment from one of the best jazz quartets around, all in the beautiful setting of the Carleton Place Town Hall.

Your evening will start with craft beer from Cartwright Springs in Pakenham, wine from The Grange of Prince Edward Winery, or a cocktail from Top Shelf Distillers in Perth. A bountiful buffet of food from local sources, many of whom are graciously donating their specialties in support of the event, will follow — including delicious offerings from The Beckwith Kitchen, Black Tartan Kitchen, Café Postino, Ginger Café, North Market Almonte, Jessica's Syrian Food, the Good Food Company, the Pakenham General Store, Pizza-ria Unlimited, Mitchell's Independent Grocer, Fluid Solar Roasted Coffee and SweetCheeks Kitchen.

After dinner the bounty continues, because if you like jazz, you will love the Peter Brown Quartet. Peter Brown is one of the most accomplished and

versatile keyboardists around, and along with the other members of his quartet, he delivers an unbeatable musical treat.

At press time, some tickets still remain for this great evening of local food, music, and community. Tickets are available at The Beckwith Kitchen in Carleton Place, Mills Community Support in Almonte (265-1031), or online at <Eventbrite.ca>.

tapastree is scheduled as close as possible to National Seniors Day and the International Day of Older Persons on October 1. Proceeds from the event assist the Mills in delivering seniors' programs and services in Carleton Place, Beckwith Township, Mississippi Mills and Lanark Highlands. The organization believes in helping seniors live healthy, happy, active, and connected lives, both in their communities and at home, as cherished members of our communities. They've been putting their hearts into making that happen and into creating welcoming communities for seniors since 1975. For more information about their programs and services for seniors, visit them at the **North Lanark Seniors' Expo** on Thursday, September 7, 10AM to 3PM at the Almonte Community Centre. You can also check out <themills.on.ca> or call 256-1031.

Mills Community Support wouldn't be able to bring all this to you without the support and caring of local food providers and generous sponsors, including lead sponsors The Beckwith Kitchen, Orchard View by the Mississippi, Thomas Cavanagh Construction, Peter Mansfield Architect, Argue Construction, Cowan Insurance Group, and Wentworth Financial Services. They thank all of these as well as their other sponsors and door prize donors for their support, and once you've experienced tapastree, you will too!

Nature Cure in Lanark Highlands!

Have you ever wondered how nature can cure? Join long-time residents Marcin (Martin) Padlewski N.D. and Anissa Szeto on September 30 at their Rural Retreat and Clinic open house in Clayton, where talks and walks will open your senses to the inherent healing capacity of nature. The couple may be familiar to locals for their original shelter design called Yurta. Showcased in the 2008 Crown and Pumpkin Tour, Yurta is a minimal-footprint shelter whose "raison d'être" is to reconnect people with nature — a passion that has only deepened since then.

For several years now, registered Naturopathic Doctor Marcin Padlewski has been providing a broad range of naturopathic health care services in Clayton, Carp and Ottawa. Truly holistic health services include lifestyle counselling, nutritional support, physical medicine, botanical medicine and acupuncture, as well as progressive therapies like EMDR counselling. Additional areas of interest include Earthing, wild herbs, and the health benefits of being outdoors. Far from the didactic, Marcin takes an educational approach that empowers you to improve your health.

Come explore what nature has to offer! Join Marcin and Anissa as they share their passion and knowledge, and the natural environment of their beautiful homestead. There will be free talks at 1PM (Earthing) and 3PM (wild herbs). Self-guided walks are available upon registration at arrival. The power of nature is all around us and it resides in you. For more information, please call 256-5786, email <mp@naturedoc.ca> or visit <naturedoc.ca>. They are located at 350 Concession 10 Darling, in Clayton. — Patrick Ladisa



Come and check out the Yurta at the Rural Retreat and Clinic Open House on September 30 in Clayton

The Brett Pearson Run for Your Life

The Carleton Place Drug Strategy Committee is proud to announce that the 7th annual Brett Pearson Run for Your Life fundraiser will take place from 9AM to 1PM on Saturday, September 23. This event aims to raise awareness about the issues of suicide, mental health and substance abuse — bringing them out of the shadows and into the light through an event that is open to everyone. The run is held in memory of Carleton Place student Brett Pearson, who lost his life to suicide when he was 16.

Participants have the option of a 5K walk or 5K run, and new this year for Canada 150 is a 10K relay (two participants per team each running 5K). All of these will be held on the Mississippi River Walk Trail from 10:30–11:30AM, and registration is now open at <cpdrugstrategy.com>.

The day begins with on-site registration and speeches by honoured guests from 8:30–9:45AM at the Carleton Place Town Square (15 Mill Street), followed by a Parade of Life from 10–10:30. First responder and military vehicles will take part in the procession, which will be led by the Royal Canadian Legion Branch 192 Carleton Place and Parade Marshall Dennis Pearson. The Parade of Life will stop at the Cenotaph for a ceremonial Act of Remembrance for Brett Pearson, veterans and first responders.

Other events planned for the day include a hockey skills competition from 10:30–11:30AM with a prize for the best score. NHL player and author Doug Smith will be there signing autographs. From 11:30–12:45 you can enjoy lunch with entertainment by Lanark County Revival and also see door prizes and medals awarded, and closing remarks will take place at 12:45PM. Proceeds from this year's event will be donated to the Royal Canadian Legion Branch 192 District Veterans Care Fund and Provincial Homeless Veterans Program.

Registration is being handled by Events.com. To register online, simply visit <cpdrugstrategy.com>, click on Events, and then on "Brett Pearson Run 2017". There you will be able to make a donation, print a pledge form, view the day's agenda and see a map of the 5K course.



The 7th annual Brett Pearson Run will take place on September 23 in Carleton Place

BOTR: Another Awesome Season of the Blues

Blues On The Rideau — the dinner and show fundraiser series that has been running at The Cove Country Inn in Westport for the past twelve years and is now recognized as one of the premier blues series in Canada — is pleased to announce their 2017/18 line-up. The shows start in September and run once a month through to May (December excluded). This year brings another all-star cast, and as in previous years, every show is a fundraiser for a different local charity. The series has raised over \$64,000 to date, and the goal for this year is to add another \$5,000 to that impressive total.

All BOTR shows run from 7 to 11PM and include a delicious full-course buffet dinner served by the Cove's friendly staff. After dinner you get to see (and dance to!) world-class bands up close and personal — the way the blues are best enjoyed. There are door prize giveaways at every show, as well as two grand prizes drawn at the end of the season.

Again this year, the price for each dinner and show is only \$65 (plus tax). Advance reservations are required and it is wise to book well in advance, especially if you want to stay overnight. Rooms at The Cove and nearby accommodations frequently sell out for BOTR nights. You can contact The Cove at 273–3636 or <info@coveinn.com>.

Kicking off this season is Montreal's **Angel Forrest Band** on September 22. Angel has won the Maple Blues Award for Best Female Vocalist in Canada for the last four (count 'em — four!) years in a row and plays major festivals and clubs across the country, so don't miss the chance to see her close to home in this intimate venue! Then on October 27, **Blackburn** travels from Toronto to bring their unique blend of soul, blues, jazz and funk to Westport, where New Orleans will meet the Great White North. BOTR rounds out 2017 with exceptional musicians who hail from both Ottawa and New York State: **Tas Cru** with **Wicked Grin** on November 24.

2018 gets off to a regal start with the king of the blues when Toronto's **Jack de Keyzer Band** plays a two-night-stand on January 19 and 20. Jack and his band are perennial favourites at The Cove, so be sure to reserve early for the night of your choice. The



Four-time Maple Blues Award winner for Best Female Vocalist, Angel Forrest kicks off the BOTR season in Westport on September 22

stage will be full for February's show when **Harpdog Brown and the Travelin' Blues Show** team up with drummer and special guest **Sugar Brown** on February 16 (bring your sweetheart — it's close to Valentine's Day!). On March 16 the **Sean Pinchin Band** will slide on up from Kitchener to play some sweet slide guitar (and other instruments, of course), and on April 20 **Boogie Patrol** travels all the way from Edmonton to show Ontario why they are one of western Canada's premier party bands. The season ends with another two-nighter on May 11 and 12, this time by the **David Rotundo Band** — returning for their eighth time to the Cove's stage to play for their legions of local fans.

For details about all of the performers and links to their music, visit <bluesontherideau.ca>, and don't forget to check future issues of theHumm for updates!

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Oct. 25 Perth	The Big Sick	Oct. 26 Smiths Falls
Nov. 8 Perth	Frantz	Nov. 9 Smiths Falls
Nov. 22 Perth	The Glass Castle	Nov. 23 Smiths Falls

Perth shows are at the Full Circle Theatre (26 Craig Street) at 2PM and 7PM
 Smiths Falls shows are at the Station Theatre (53 Victoria Ave.) at 7PM

FILMNIGHTINTERNATIONAL.BLOGSPOT.CA

Humm Bits

Please Lend Me a Tenor!

A wonderful workshop choir is looking for tenors to sing with them this fall. Are you an experienced singer looking for a different kind of choir? Do you read music fairly well? If so, this choir may be for you! Rehearsals are in Almonte on Thursday mornings. As a “workshop choir”, they work on a variety of music, just for enjoyment’s sake — they don’t perform concerts. For more information, please contact the director, Cheryl Woods, at <cherylwoodsworkshopsingers@gmail.com>.

Call to Artists

Arts Carleton Place is looking for artists and artisans to participate in their Itty Bitty Art and Craft Show & Sale, taking place on November 4 and 5 from 10AM to 4:30PM.

The show will once again be held at the Carleton Place Canoe Club along the banks of the Mississippi River. For the first time, a variety in vendor spaces will be available, so a standard grid booth will be available as well as mini-booths or tables with or without electricity. It’s a great small show for artists or artisans who have never participated in a public show and sale. The entry fee depends on the space reserved and costs between \$25 and \$80, with a limited number of spaces having both a table and access to electricity. Forty-nine spaces in total are available on a first-come, first-served bases. If you are not currently a member of Arts Carleton Place, you must also add \$20 for membership dues.

This is a one-of-a-kind show and sale for holiday shopping, encouraging people to consider original fine art as affordable and within everyone’s reach. The show provides a great opportunity for the public to purchase your original paintings, photography, jewellery, or a piece of beautifully rendered pottery, blown glass or wood sculpture. All works must be priced no higher than \$100.

A central cash will be operated by Arts Carleton Place. There is a commission of 10% on cash or cheques sales, and 12.7% commission on credit card sales. Sales reconciliation and cheques to artists will be completed at the end of the show on Sunday.

The registration deadline is October 1. Visit Surrounding Memories on Bridge Street for forms, or register at <artscarletonplace.com>.

Save the Date — 12th Annual Heritage Perth Christmas House Tour

Although it’s only September and you’re likely out enjoying your garden and the other wonderful pleasures that early fall can bring, members of the local Perth & District CFUW (Canadian Federation of University Women) have been busy lining up an incredible selection of houses for their upcoming Christmas House Tour. This year’s event is scheduled for the weekend of December 2 and 3, from 10AM to 3:30PM. You won’t want to miss this popular event, so be sure to share this information with friends and family. Tickets will be available later in the fall at various locations throughout the Perth area.

The popularity of this tour has continued through the years, attracting those interested in local and area history, home construction, heritage conservation, restoration, remodelling and seasonal decorating. This tour attracted close to 900 visitors last year, often from hundreds of miles away. Recognized as one of the “Prettiest Towns in Canada”, Perth and the surrounding area has so much to offer in terms of places of historical interest, unique local crafts, wonderful local-flavour restaurants, recreational opportunities and excellent accommodation. Perth is where you want to be this special December weekend, when the town will be turned out in full splendour, offering many added attractions to round out the season. Consider making the 2017 house tour the focus of a destination weekend getaway where hospitality, good food and interesting opportunities await!

Not only is the house tour great fun, it also provides an opportunity to invest in the community. Proceeds from the event are used by the local chapter of CFUW to support women in their pursuit of advanced education, literacy and other educational initiatives in local schools and libraries. Since the tour began, over \$175,000 has been distributed throughout Lanark County.

House Tour tickets are priced at \$30 each again this year and will be available throughout the area starting October 21. Further details about tour homes, designers, florists, ticket vendors and community support will be available at <facebook.com/CFUWPerthON> or at <cfuwperthanddistrict.wordpress.com> in the coming months.

CFUW is a voluntary non-profit organization committed to human rights, promoting education and improving the status of women. For information about joining or contributing to the Perth & District Chapter, please see their website.



This fall, Film Night International will screen *The Big Sick* (above) and *Their Finest* (below), among others

FiNI Continues to Bring Great Films Home

Film Night International (FiNI) delivers the best of the best in award-winning movies and festival favourites from across North America and around the world to local audiences. What gives FiNI these bragging rights? Just take a look at the upcoming season!

The fall line-up includes *Their Finest*, a romantic comedy from the UK, screening on September 27 (in Perth) and September 28 (in Smiths Falls); *After the Storm*, a Japanese film from the director of *Like Father, Like Son* and *Our Little Sister* (Oct. 11 in Perth and Oct. 12 in Smiths Falls); *The Big Sick*, based on the real-life courtship of a Pakistani comic and an American grad student (Oct. 25 in Perth and Oct. 26 in Smiths Falls); *Frantz*, a haunting tale of love and reconciliation (Nov. 8 in Perth and Nov. 9 in Smiths Falls); and *The Glass Castle*, based on Jeanette Walls’s best-selling memoir (Nov. 22 in Perth and Nov. 24 in Smiths Falls).

“Film Night International is continuing in its tradition of selecting films that have received either critical or audience acclaim,” says FiNI founder Faye Cunningham, “which promises nothing less than a meaningful experience for our film-goers.”

Passes for the fall series are on sale now at the Perth & District Union Public Library for Perth screenings and at the Smiths Falls Public Library for Smiths Falls screenings, for \$40 for five films.

Visit <filmnightinternational.blogspot.com> for full details and to watch trailers.

Tickets at the door are \$10 each. Screenings in Perth are at 2PM and 7PM at the Full Circle Theatre, and in Smiths Falls at 7PM at the Station Theatre. Tickets are not interchangeable between screening times or venues for any of the films.

Film Night International is part of the Film Circuit, which was founded in 1989 as a division of the Toronto International Film Festival Group. With over 180 locations in over 165 communities across Canada, Film Circuit helps build markets and audiences for Canadian and international film in under-served communities.

For more details about the FiNI fall series, visit their website, like them on Facebook or email <filmnightperth@gmail.com>.



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Festival of Small Halls — All About Community

From a celebration of local food to markets and tapas, the community events in conjunction with the Ontario Festival of Small Halls are setting the scene for a memorable music experience this fall.

The festival is getting hands clapping and toes tapping this month as it welcomes an inspiring combination of big names in music and local opening acts to treasured small halls across eastern Ontario from September 14 to October 1.

The festival expanded to include more than thirty rural locales this year, paying tribute to cherished small town spaces with history and heart. National and international musicians including Ashley MacIsaac, The Abrams, Leif Vollebakk, Old Man Luedecke, Dave Gunning, Rosie and the Riveters, Birds of Chicago and more are ready to share small stages with opening acts which are local to each community. This month, the Festival of Small Halls is announcing community events surrounding several of the small halls shows.

"At its heart, the festival is about celebrating community," said general manager Kelly Symes. "Hosting traditional events provides the opportunity to further showcase these special spaces that have served as gathering places for years. The festival encourages local hall boards, volunteers and organizations to team up and expand on the concert in an effort to celebrate community."

Shows at all locations have community events in the works. Details about them can be found at <thefestivalofsmallhalls.com/schedule/community-suppers>, and be aware that some require reservations with deadlines fast approaching!



Many of the Festival of Small Halls concerts are complemented by awesome community events. Pictured above is the dinner that preceded the 2016 FoSH show at Stonefield's in Beckwith.

Find out more about the Festival of Small Hall's community events and full schedule at <ontariosmallhalls.com> and be sure to connect with the festival on social media for updates as the shows approach. Tickets can be purchased online or by calling 402-1425.

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Speaking Volumes

Old and New at the Lanark Library

Although the Lanark Library is 193 years old, we are still growing and improving all the time! The past few months have seen many changes at the library, including some new staff and new programs for youth and adults.

We have two incredible new writing programs for youth and teens, a creative art program on Wednesday nights for all ages, and a regular flow of imagination-building fun activities for kids throughout

by Nicole Shaw, Librarian

the months. During August at the library we built fairy gardens, met with some chickens, and hosted an incredible storytelling event with local professional storytellers. This is just the beginning of the new programs here in Lanark.

We have a wonderful list of museum and local attraction passes here at the library. We have recently added the Museum of Nature, the National Gallery, the Aquatarium (in Brockville), the Bonnechere caves, the Waddles'n'Wags Family Zoo, and two conservation area passes. This adventurous list is in addition to the passes we already had from the Ottawa Museum Network and the Museum of History. Come by and plan a family road trip!

You are also welcome to come and shop from our Book Sale shelves while enjoying a coffee or tea. We have free wi-fi and internet available, as well as two large conference tables if you need to settle in to get some work done.

We are proud of our great selection of books for youth and kids, and of our warm and welcoming kids' section featuring toys, puzzles, crafts, colouring pages and a big rocking chair for mom or dad. We also have a great selection of Lego kits for kids, to keep them creative and busy. The kids' section is centrally located so that you can keep an eye on the little ones while searching the shelves for your own books.

You can't have the old without the new! We will be reinstating our Adopt a Book program. For a small minimum donation, our patrons can adopt a book, and a beautifully designed book plate will be personalized and put in the adopted book.

We also have shelves filled with documents about our local history. It's an impressive collection curated by staff and donated by local history buffs.

Having a hard time deciding what to read? Our friendly staff would be more than happy to help recommend new authors and titles based on your reading preferences.

We are coming up with new ideas every day and would love to hear yours. Do you have an idea for a great workshop or program at the library? Send us a note!

Visit our Facebook page @LanarkHighlands-PublicLibrary, our website <lanarklibrary.ca>, or just give us a call at 259-3068. We hope to see you soon!

— Nicole Shaw is the Library Clerk at the Lanark Highlands Public Library

Looking for Inspiration this Fall?

On these pages you'll find a great collection of classes, courses and lessons for all ages and skill levels. Taught by talented local artists, musicians, dancers, movers and shakers — you'll be inspired to learn and create this autumn!

mary pfaff

Fall Studio Workshops

Full schedule available at www.marypfaff.ca

New collaborative workshop:

Explore the Connection Between Painting & Music

Two days of discovery with artist/musician/teacher Jennifer Noxon and artist/teacher/creativity coach and arts and health consultant Mary Pfaff

Sat. and Sun. Oct. 28 & 29, 10 to 4 • \$270 including supplies
Location: **Mary Pfaff Studio**, 15 Bridge Street, Almonte

For more information visit www.marypfaff.ca

To register: marypfaffartist@gmail.com tel.613 257 9777

Art Lessons with Cathy Blake

September 25 to November 20

How to Use Colour

Colour theory and practice. Use colour to convey depth and distance, or express feelings in the medium of your choice.

Thursday mornings, 9:30–11:30

Drawing for the Fun of It

Explore various media, techniques and approaches; pencil, pen, sumi-e brushes, watercolour, oil pastels.

Monday afternoons, 2–4

Introductory Drawing

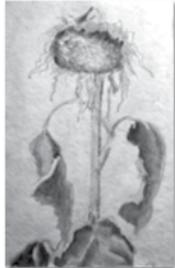
Warm-ups, contour line, parallel perspective, shading, proportions and "sighting" in various media.

Friday mornings, 9:30–11:30

\$200 per course. Some supplies provided; supply list available on enrollment.

Class locations to be announced

Info: 613–256–0108 or catherine.blake7@gmail.com



Thoughts on Meditation

To meditate or not to meditate? For Willpower Institute's teacher Susana, the answer is a no-brainer: meditate. "Science has confirmed many of the already well-known benefits of meditation. For example, research has shown a significant positive response in the brain to the practice of meditation. Studies have confirmed that meditation not only counteracts stress-related brain changes (decreasing anxiety and fear), but also increases the meditator's memory and cognitive abilities."

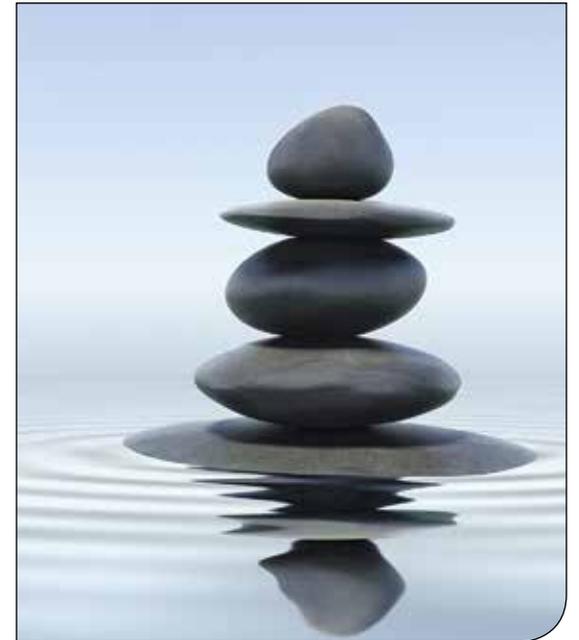
The Willpower Institute is Ottawa's "hidden gem" for those individuals looking for a place to enhance their meditation practice. Every year, classes are held from September to March, five times a week. During the night classes, students learn about the theory behind meditation, which is later followed by an hour of walking and sitting meditation. Although the course is tailored to people seeking to become meditation instructors, the sessions are also open to anyone wanting to learn how to practice meditation.

The course is run by meditation teachers who themselves have previously graduated from the institute. "Completing this course can be a life-changing event," Susana adds. "People join the course for many different reasons: health, spiritual growth, you name it. But when leaving the institute, they all share a deep respect and appreciation for the meditation practice and the tangible beneficial impact it has on their lives."

These are some of the most common comments they receive from students: "meditation is helping

me sleep", "meditation is helping me find inner peace and become more spiritual", and "meditation is transforming me into a more patient and less reactive individual."

Additional information about the Willpower Institute and its upcoming meditation course can be found at willpowerinstitute.com, and you can also see their ad on page 17.



Willpower Institute will be hosting an upcoming course on meditation

Burn Calories, Have Fun

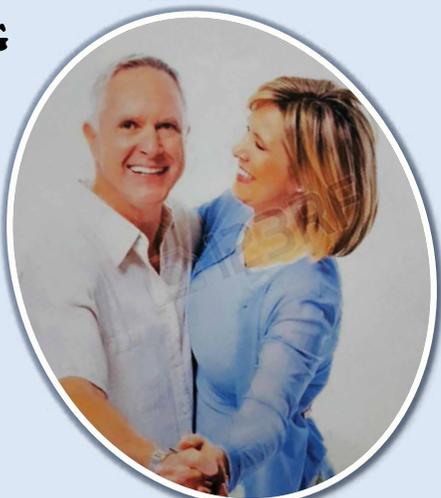
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平

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Stay Fit, Have Fun!

Mississippi Squares Offer Two Free Lessons

Looking for a fun way to be physically and mentally active this fall? Here are a few good reasons to try modern square dancing.

It burns calories. Dancing can burn as many calories as walking, swimming or riding a bicycle, according to a Mayo Clinic study.

It keeps you moving. Square dancing is a low-impact activity requiring constant movement and quick directional changes, which help keep the body in shape — the heart rate increases, muscles strengthen, balance improves and mind-body coordination sharpens.

It's for all ages. Modern square dancing keeps the social tradition of old-time square dancing alive. It provides people of all ages an opportunity to have fun, forget their troubles, make new friends, get exercise and feel good about mastering something in the company of helpful, friendly people who just want to dance.

It's set to modern music. The caller weaves directions for the dancers into the music. These easy-to-follow calls are repeated in each dance, so a dancer soon learns to respond in a synchronized way with the other dancers. The caller starts with a few basic steps that set the foundation for the dance and all future moves. The four-beat rhythm is the same for all steps — only the words and music change. People are amazed at how quickly they progress through the early stages. Positive

feedback from new dancers regarding how they feel about themselves and their accomplishments attests to the fact that modern square dancing lives up to all the benefits that are proclaimed by long-time enthusiasts.

Previous dance experience isn't necessary. Both couples and single people easily join in. Experienced dancers are always available to get you up on the dance floor. The dance season is in two sessions: September to December and then January to April. It takes a full season for new dancers to complete the basic program. Dancers can continue dancing at the basic level after completing the program or move on to the mainstream level, which is followed by almost limitless higher levels. Dancers can seek out square dance clubs around the world while travelling and fit right in, because the same English calls are used everywhere. Snowbirds even find clubs to join in their winter locations!

To help get you started, the Mississippi Squares are offering two free lessons, on September 12 and 19 at 7:30PM at Brunton Hall, located at 1702 9th Line in Blacks Corners (2km south of Carleton Place on Hwy 15). For more information, please call Frank or Jeanie at 831-1675, or visit <mississippisquares.ca>.

— *George Newton is a modern square dancer and a member of the Mississippi Squares*



Stories North:
Stories of reconciliation
Kanina Holmes

7:30PM Friday,
September 29

in the Almonte United Church Hall

Visit almontelectures.net for the complete schedule

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Artist Retreat at Stonebridge Haven

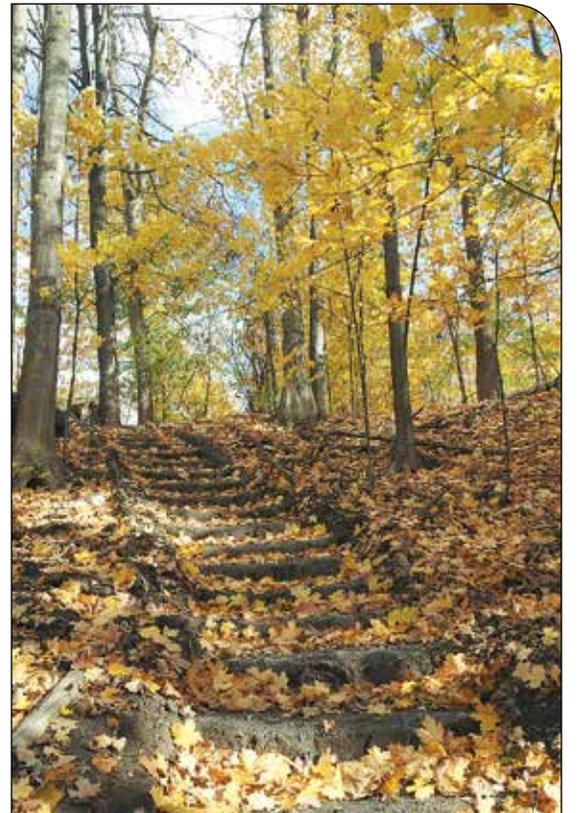
Nestled in the Pakenham countryside along the Mississippi River, Stonebridge Haven is a small retreat centre and peaceful refuge from the hectic pace of everyday life.

Founders Claire Marson and Daniel Berg developed Stonebridge Haven to meet the often ignored needs of caregivers, as they both had personal experience in caring for aging parents or friends. In the fall of 2016 they started a grassroots day program for seniors called the Find Your Balance Adult Day Program, to complement the other services they offer to caregivers as well as to anyone struggling with the stresses of everyday life. From group and personal retreats to coaching, patient advocacy and a variety of courses, the caring staff and volunteers at Stonebridge Haven go out of their way to help people "find their balance".

After two years of hosting artists during the spring Maple Run Studio Tour, they decided to listen to the overwhelming feedback by the artistic community and open the grounds for a day-long retreat. On September 23, from 10AM to 4PM, they are holding their first **Contemplative Art Retreat — The Beauty and Light of Fall Colours**. Artists are invited to join in a relaxed day of painting in this idyllic setting, half an hour west of Ottawa.

The day will begin with coffee and a brief presentation on contemplative art by artist-in-residence Esther Berg, followed by a guided meditation by Claire Marson. Participants are then free to roam the 7.5 acres of lawns, gardens, wooded slopes and walking paths with gorgeous river views as well as views of the famous five arches stone bridge. Painting indoors in the peaceful and accessible Promise House is also an option. There will be an opportunity at the end of the day to share experiences and paintings with the group and to enjoy some social time in this lovely setting.

Registration is limited to fifteen artists and the cost for the day is \$100 including HST, which



Stonebridge Haven in Pakenham is hosting a Contemplative Art Retreat — The Beauty and Light of Fall Colours, on September 23

includes a selection of beverages, snacks and a seasonal lunch. Bring your inspiration, easels, brushes, paint supplies and paintbrush bottles (due to country septic systems there will be limited clean-up facilities).

To sign up, email your name, phone number and address along with any special dietary requirements to <info@stonebridgehaven.ca>. The deadline for registration is September 18. For more information call 624-5518 or visit <stonebridgehaven.ca>.



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Almonte Academy of Dance



Registration for Fall Classes are ongoing

Fall 2017 1st Term (14 weeks)

Class length	Fees per term
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\$20 Registration Fee	

Bodysuit and Recital costume are additional

almontedance@live.com 613-256-3683

Fulton's Fall Splendor Workshops

In April of 2017, Fulton's was privileged to be part of IGNITE Lanark County, hosted at Northern Edge Algonquin, with nineteen other participants from small businesses and tourism organizations in Lanark County. The purpose of the four-day retreat was to participate in experiential tourism programs designed for a variety of different types of travellers, to identify new experiential opportunities in Lanark County, and to collaborate and innovate with other attendees to establish new tourism experiences in the County. The IGNITE program was hosted, organized and funded by Ontario Highlands Tourism Organization with the support of the Province of Ontario. IGNITE Lanark County was an incredibly busy, fulfilling event, and participants came away with inspiration for leveraging our own resources to build new and exciting visitor experiences, an appreciation of the importance of community collaboration, and numerous ideas for collaborating locally to offer some unique tourism opportunities to both residents and visitors to the area.

On this note, as part of their annual Fall Splendor event, taking place this year from September 30 to October 4, Fulton's Pancake House & Sugar Bush is pleased to present a brand new series of workshops. Fulton's has partnered with several local experience providers who are passionate

about what they do and who can't wait to share their expertise with you. Some workshops will fill quickly, so register early to avoid disappointment.

If you have visited Fulton's during the Winter Magic & Maple Harvest season, you will know that Chad Clifford from Wilderness Rhythms is no stranger to the property, as he runs interactive family activities on the Heritage Maple Path. During Fall Splendor, Chad will offer three different workshops. A **Rope-Making with Natural Fibres** workshop will take participants through the steps of finding and preparing plant fibres. The cordage is made by hand-twisting fibres into lengths. The workshop will touch on wild plant application and retting (soaking) fibres for natural use. A **Nature Sound-Bathing** workshop will introduce participants to soundscaping and give them the opportunity to gaze at the sky from a hammock while using headphones and special soundscape equipment; a gentle breeze will sound like a wind train. This is a unique form of mindfulness. An **Animal Tracks and Awareness** workshop will provide an introduction to animal tracking, including learning to identify tracks, gait patterns and sign details at a glance. There is so much to learn from each cue. Explore walking pattern recognition, species

identification and tips far beyond what is found in most tracking books.

Locals are familiar with Almonte's award-winning Hummingbird Chocolate Maker, a bean-to-bar chocolate maker that crafts chocolate from ethically-sourced cacao beans. Participants in a **Make Your Own Maple Chocolate Bark** workshop will learn about making chocolate and maple sugar, and will make their own maple chocolate bark.

Ankaret Dean, basket-maker and curator of the Lanark Highlands Basketry Museum, will offer two different workshops. Participants in the **Woven-Reed Soap Trivet** workshop will weave and take home a soap trivet/tray using dyed round reeds. Participants in the **Round Grapevine Basket** Workshop will each make a basket with a handle using the Japanese round style.

Amber Campbell Photography will offer seasonal **family photo shoots** with a choice of an outdoor session amongst the gorgeous fall colours at Fulton's or an indoor Christmas setting.



There's a great variety of fall-themed workshops on offer at Fulton's from September 30 to October 4, including a Nature Sound-Bathing workshop with Chad Clifford

During Fall Splendor, the Maple Gift Shoppe and Pancake House will be open to the public from 10AM to 3PM. Everyone is invited to check out their selection of maple products and gift items or have a delicious meal. There will be toe-tapping music in the Pancake House, from 11AM to 2PM daily. (Note that cash only is accepted in the restaurant; there is an ATM on site. VISA, MasterCard and debit are accepted in the Gift Shoppe).

For full details on 2017 Fall Splendor, including how to register for a workshop, please visit <fultons.ca> or call 256-3867.

It's that time of year again...

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REGISTRATION/INFORMATION NIGHT

"A one stop evening to learn about and register for all your seniors, children & adults fall and winter activities"

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Saturday September 23, 9–12PM



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Labour Day Promises...

Music Dance & Drama on Stage in Carleton Place

The time is coming. That exciting time full of new things, new promise. And we in the Mudds are raring to get going on new things for 2017/2018 — our 44th season.

Have you ever — or never — seen a Mudds show? Are you a regular patron? Whatever your answer, this is your year to explore the live theatre scene in Carleton Place. Brochures for our new season are popping up all over town. But in case you don't have one yet, here is a quick guide to what we are calling a "Season of Classics to Celebrate Family, Friends and Lovers."

First up is Shakespeare's *Twelfth Night*. A dozen or so local actors aged 13–18 are already in rehearsal for this comedic take on romance. This is the eighth Shakespeare production mounted by Mudds teens and young adults. As our brochure explains: "This is the one with the girl who's in love with the boy who's in love with the other girl who's in love with the first girl because she thinks she's a boy." Are you confused yet? Well rest assured — this show is full of comedy, laughs and, apparently, yellow socks too. It opens on Friday, October 20 with the first of five performances over that and the following weekend. Tickets for this evening of Shakespeare in the round are \$10.

Anne of Green Gables The Musical, our second main stage show, is perfect to usher in the Christmas season. Adapted by Don Harron from the novel by L. M. Montgomery, this heart-



Well known for their amazing musicals, plays, all-ages pantos, and youth theatre (such as last year's *King Lear*, pictured above), the Mississippi Mudds are gearing up for their 44th season!

warming show is full of great songs such as *Ice Cream* and *Open the Windows*. Our spirited red-haired orphan girl with the amazing imagination will touch your hearts as she touches those of everyone in Avonlea and Green Gables. As Anne would say, "Looking forward to things is half the pleasure of them," so mark your calendars now for this rousing musical tribute to Canada's famous and beloved heroine. The show opens on Friday, November 24 at 7:30PM. In total, you have four matinées and two evening shows to choose from over two weekends. Reserved seating tickets are \$20.

The Little Mermaid Jr. by Glen Slade and Doug Wright swims into town on February 23, 2018, with seven performances slated between then and March 4. Another treat from our vibrant youth theatre group, this one is destined to be a hit with all ages. Based on Hans Christian Andersen's classic fairy tale, this show has all the music and characters you loved in the Disney version.

Guys and Dolls (by Swerling, Burrows and Loesser) will close our main stage series with a bang in May 2018. This Broadway golden era classic is always popular in revivals and promises to be so in Carleton Place too. Great songs such as *Luck be a Lady*, *Bushel and a Peck* and *If I were a Bell* will get your toes tapping and put a smile on your face.

So there you have it — four wonderful shows at the Carleton Place Town Hall. Try to see them all! For more information pick up a brochure, check out mississippimudds.ca or look for our Facebook page. All tickets will be available at the Carleton Place Visitor Centre, located at 170 Bridge Street (257–1976). Tickets for each show will go on sale four weeks before opening night.

—Judith Scott



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The Tomorrow Box

A Heartwarming Story of Home, Heritage and Being Human

What happens when the history and traditions engrained in the very fibre of a family property are threatened by changing hands, changing times and changing values? This is the question posed by Carolee Mason, director of Studio Theatre Perth's upcoming play *The Tomorrow Box*, written by multi-award-winning Canadian playwright Anne Chislett.

Many Perth area residents will relate to the question as it pertains to a family cottage. In *The Tomorrow Box*, set in 1979–80, the property in question is a farm — a Century Farm — that has been passed down through generations of the Cooper family for over one hundred years.

Jack (Rob Glas) and Maureen Cooper (C.Lee Bates), now in their sixties, are the current owners and stewards of the farm. Their eldest son, Joe (Mitch Waugh), has given up his career as a university professor to return to his roots in rural Ontario and carry on in the family tradition. He has recently married city gal Alice (Courtney Mason), who is about to become a lawyer and is also following in family footsteps — those of her lawyer mother and older sister, Lisa (Tracy Noonan). A visit by free-spirited, active feminist Lisa to Joe and Alice's temporary quarters in a trailer — while they await possession of Jack and Maureen's farm — upsets the apple cart when the sisters discover that Maureen is the only member of the family unaware of the sale of her home to Joe and Alice.

Herein lies the dramatic tension of this compelling, thought-provoking and thoroughly engaging play that examines traditions, gender roles and the larger narrative of family members under siege as each struggles with the part they play in a deeply moving, authentic — and frequently humorous — family conflict. Jack believes he has made the right plan — to retire and surprise his wife with a new opportunity for them to enjoy in their "old age." After all, she's trusted him with the decisions for forty years. What Jack hasn't counted on is the heartbreaking and ironic revelations of a woman he thinks he knows — a woman who, like so many others of the time, settled into gender roles that are no longer viable in the modern world. Jack's miscalculation backfires, threatening his place in the world — as the head of a household, a community member, a farmer and a man. For Maureen, her whole way of life is in danger of disintegrating.

Joe is torn between allegiance to both parents and to his new wife who is stunned and angered by the turn of events. Alice shares her angst with Lisa, as she struggles with her own conflict about this man she thought she knew and knows she loves. "I thought I was marrying a Professor of Agriculture," she laments, "not a farmer." For her part, Lisa's interest is in the feminist angle and legalities, wanting to ensure that Maureen doesn't get "victimized."

Carolee Mason hopes that the complexity of the conflict is both unsettling and



Maureen Cooper (C.Lee Bates, centre) shows off the treasures she has discovered in a farm auction "Tomorrow Box". Her city-raised daughter-in-law Alice (Courtney Mason, right) and Alice's sister Lisa (Tracy Noonan, left) are unimpressed.

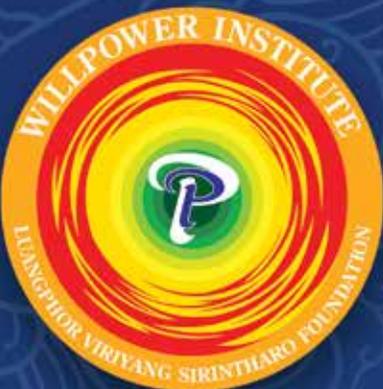
engaging for the audience. "If people leave the theatre talking about the play and having their assumptions altered by what they've seen and heard, I will be gratified. For Perth and the greater Lanark area, these characters represent our neighbours, our friends, our families — they are people we know. It will be particularly compelling for families whose homes are part of them, but it will speak to anyone who is a member of a family and familiar with all the dramatic twists and turns inherent in family dynamics."

The Tomorrow Box opens at the Studio Theatre, 63 Gore Street East, on Thursday, September 28 for seven performances

(September 28–30, October 6–7 at 7:30PM, and October 1 and 8 at 2PM).

Tickets are \$22 at the Book Nook (60 Gore St. E., cash only), and \$22 plus convenience fee at Shadowfax (67 Foster St., 267–6817, shadowfax.on.ca) and Tickets Please (in the Matheson House Museum Visitor Centre, 11 Gore St. E., 485–6434, ticketsplease.ca), both of which accept in-store, phone, online and credit card purchases. Tickets are \$24 at the door, and \$10 at the door for students with ID. Attend opening night and save \$5! Visit <studiotheatreperth.com> for details.

— C.Lee Bates



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Autumn is the Time to Accentuate with

Backlands — a Duo Exhibition

In this fascinating duo exhibition, Sivarulrasa Gallery presents new works by two gifted painters: Ottawa-based artist Barbara Gamble and Halifax-based artist Susan Tooke. Entitled “Backlands”, the exhibition calls attention to pristine or undisturbed habitats; undeveloped land that stands in contrast to developed land.

Barbara Gamble’s landscape paintings are influenced by an interest in natural history, observations of the natural world, and environmental concerns; they are the products of an accumulation of experiences, actions and meditations on nature over many decades. The paintings are inspired by land sites that the artist has visited frequently, as well as herons she

relationship with time,” she states. The works pulse with energy, as though we are witnessing existence, movement and change through the disassembling of time.

Each artist brings her own unique aesthetic to nature, inviting the viewer to consider the beauty and the fragility of the backlands — the “other” space that remains pristine or undisturbed (for now).

Backlands runs from September 1 to October 8, and you can meet the artists at a vernissage on Saturday, September 9 from 3 to 6PM. Find more information at <sivarulrasa.com>.

2015 series of digital paintings, entitled *Almonte Riverwalk*, presented beautifully rendered interpretations of iconic Almonte riverscapes.

Paint, Paper and Flotsam is an exhibition of three types of new work: small paintings on panel, found plastic constructions, and a 3-D digital print array installed across one wall of the gallery. Each series informs the other in wonderfully surprising and ironic ways.

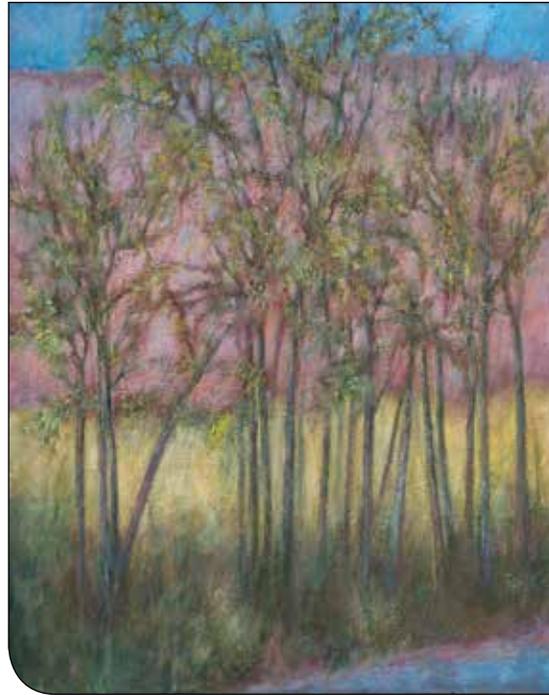
At the core of her new show is the *flotsam* series, which she began two years ago. “While walking the beaches of Lake Ontario,” says Jennifer, “I picked up bits of colourful weathered and water-worn plastic. I didn’t have anything in mind at the time, but there was a certain thrill to the collection process. The bits and bobs went into my pockets, and eventually into my studio.”

Noxon describes how, after many months of exploration, the plastic pieces evolved into constructions that tell cautionary tales. “As I played with these found pieces, I thought a lot about where they might have come from, the effect discarded plastic is having on our waterways and natural systems, and just how much we depend on plastics in all aspects of our lives. It’s an overwhelming issue and I hope the irony of my playful response is not lost on people. The bright characters tell seemingly simple, even innocent stories — yet the metaphors suggest darker tales of what could happen in the future.”

Jennifer is as poignant and sensitive in expressing her social conscience as she is when manipulating paint with brush. Evolving from the plastic constructions, her series of acrylic on small panels depict convoluted geometric shapes with elements of landscape and her signature playful colour palette.

The plastic pieces appear again in an amazing, long array of folded paper imprinted with digital photographs. It was a creative solution to an idea she had to make a large wall piece. “I got very excited when I started scoring and folding the paper... and I look forward to spending more time exploring this. I’ve always been intrigued with the place where the two-dimensional meets the three-dimensional.”

General Fine Craft is honoured to be unveiling this exciting new series. The show runs from September 19 to November 5, and everyone is invited to meet the artist on Thursday, September 21 from 7–9PM. You can drop in at 63 Mill Street in Almonte, or find out more at <generalfinecraft.com>.

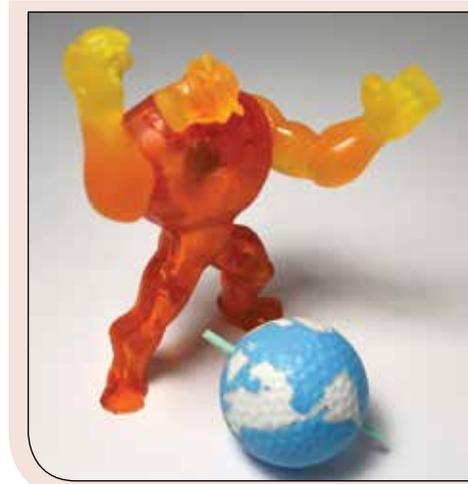


“Grove” by Barbara Gamble, at Sivarulrasa Gallery

Paint, Paper and Flotsam

Jennifer Noxon is well known in the Ottawa/Lanark County area for her many talents as a gifted songwriter, performer and leader of the Rhythm & Song Community Choir. The Almonte resident is an amateur beekeeper and had a previous career as an adult educator. And if you didn’t already know, she’s also an inspired visual artist who has been exploring thematic ideas for over thirty years.

Jennifer approaches art-making with serious intent and a playful visual intellect. In past painting series, she explored abstract elements found in nature that resulted in dynamic, colourful compositions. Her



General Fine Craft is showing works by Almonte artist Jennifer Noxon from September 19

by Miss Cellaneous

has studied in different waterfront habitats. “The heron’s unique and distinctive form — whether static, hunting or in flight — offers me a link between land, water and sky,” she states.

Susan Tooke’s landscape paintings focus on the ground beneath our feet. Using a symbolic language, her series of “groundscapes” explores the influence of the elements in the placement of debris — sometimes living organisms, remnants of plant life, water, moisture, rocks, or sand. “I imagine all have life, all are in motion, though each may have a different

www.mag-artists.ca



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Some Lovely Local Art!

Art Along the Back Roads

Two dozen artists living and working in North Frontenac Township would like to welcome everyone to the 4th annual North Frontenac Back Roads Studio Tour. This event was inaugurated in 2014, and takes place on the last weekend in September — September 30 and October 1 for this year. The tour has been a great success, and more artists have joined it each year.

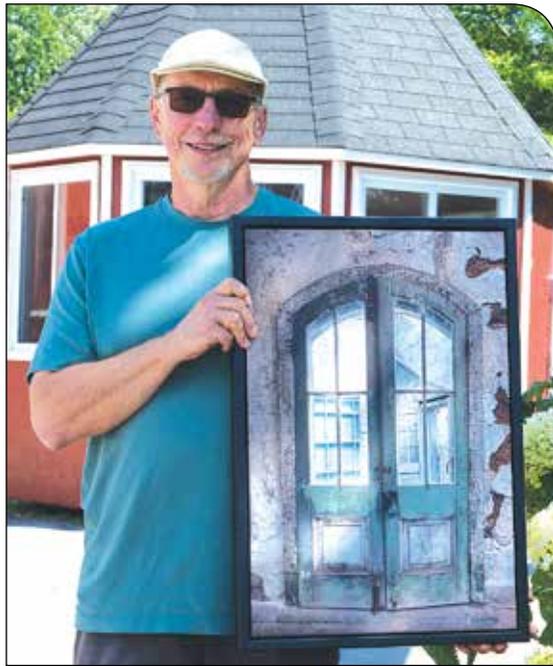
A big part of the attraction is the fact that it takes place during the height of autumn colours, and in an extremely beautiful part of Ontario. Just north of Highway 7, and a little west of Perth, the area is comprised of hills, lakes and lovely hardwood forests — especially beautiful in the fall. Tucked in amongst all this beauty are several quaint villages and a population that includes quite a number of artists, living and creating in their own versions of paradise. Visiting them and their studios is always interesting and evocative.

A huge variety of art can be seen on this tour, from 10AM to 4PM each day. Artists include painters, fabric artists, photographers, sculptors, jewellery makers, furniture makers, and even an alpaca farm and an artisanal cheese factory. To preview stops on the tour, please visit <northfrontenacbackroadsstudiotour.com>. Information on each artist can be found there, as well as a map of the tour. For those returning to the tour, several new locations can be found with new painters and sculptors exhibiting. Of course, all the participating artists will be showing new work, and you will be interested to follow their developments. Because the tour covers quite a large area, many visitors take both days to try and cover every studio. A number of lodges and B&Bs in the area can provide accommodation. For those unfamiliar with the area, it is located just half an hour outside of Perth, twenty minutes north of Sharbot Lake, and ten minutes east of Cloyne/Northbrook. Mark the weekend on your calendar for this enjoyable road trip!

Expressions of Art returns to Carp

The Expressions of Art 2017 exhibition is coming to Carp on Thanksgiving weekend. Thirty-three of Ottawa's most talented artists will be showing their work at the Agricultural Hall in the beautiful village of Carp. All participating artists are members of the West Carleton Arts Society, a non-profit group of artists and fine crafts people that has existed since 1988. WCAS has a very active program of artist talks, as well as a spring conference, annual art workshop, summer art festival, Christmas sale, and a number of Ottawa venues where members show their art.

This year, Stephen Fuller will provide live music at the Friday evening vernissage, from 7 to 9PM. Special



Photographer Mario Cerroni (above) is one of the artists participating in the Expressions of Art show in Carp over the Thanksgiving weekend

guests Mayor Jim Watson, Councillor Eli El-Chantiry, and Sanjeev Sivarulasa from the Sivarulasa Gallery in Almonte will give opening comments. Guests will enjoy hors d'oeuvres while they browse the art and talk with the artists. A cash bar will be open for those who wish to have a glass of wine this evening. The show continues on Saturday from 8AM to 4PM and on Sunday from 10AM to 4PM.

Visitors to Expressions of Art will find a large variety of art styles and media ranging from traditional watercolour or oil paintings based in realism, to fibre, photography and newer media with leanings toward abstract expressions. There will be something to satisfy every taste.

The display on the stage is where participating artists show one of their works on the theme of "My Canada". Viewers vote for their favourite work in this special display. The work that receives the most votes is announced as the Viewers' Choice award, and the artist whose work wins the award will be invited back to the 2018 show with a free booth space. Last year's winner, Wendy Quirt, will be at booth #2, right near the entrance of the show. Make sure you stop and see her amazing wildlife art. Visitors filling in a vote ballot have a chance to win a door prize.

Plan to attend Expressions of Art on Thanksgiving weekend to meet the talented members of the West Carleton Arts Society, and in the meantime visit <WestCarletonArtsSociety.ca> for more details.



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Crown and Pumpkin Studio Tour

Crown & Pumpkin: The Art and the Craft

The 21st Crown and Pumpkin — The Art & The Craft, takes place in the Almonte and Clayton areas on Thanksgiving Weekend (October 7–9), from 10AM to 5PM daily. This studio tour has evolved over the years from a primarily traditional fine arts tour to an impressive array of fine art, fine crafts and fine food from over fifty creators. There are eighteen unique and fun studio stops, many of which have multiple artists and artisans on location. We have carefully chosen the mix of artists at these locations to present the best variety of products and to stimulate as many senses as possible: sight, touch, smell, taste and even sound. You may even learn something from the demonstrations happening at several stops.

But we have gone even one step further! At many of the studios with multiple artists, we have worked with a theme or vibe when selecting the participants for the stop.

At **Crooked Mile Brewery**, where they craft British- and Scottish-inspired ales such as Highland Hillwalker and Druid Dusk, we have placed two guest artists, one of whom is Richard Hutton, born in Scotland and recently moved to our area. His repertoire of paintings includes Scottish scenes, and his Scottish accent will make you imagine you are “across the pond”. The second guest artist will be Jennifer Kelly, an accomplished glass artist. Beer brings to mind clinking glass mugs and beer bottles and beer growlers. Jennifer is even creating some glass art using Crooked Mile beer bottles.



Hummingbird Chocolate is our “natural wonders” studio, featuring guest photographer Anita Schlarb, who captures the beauty of the natural world in her photos. A great match with a chocolate maker who sources their cacao fairly, ethically and sustainably

Union Hall has been dubbed the “settlers” studio, particularly appropriate for Canada’s 150th celebration. Our country has welcomed immigrants from all over the world and these people brought their traditional skills and talents with them. It is easy to imagine a similar market of artisans selling their wares a century ago — Anita Dworshak with her goat milk soap, Clement Hoeck with his pottery, Hyseuk Kim with her traditional Korean paper craft, pewtersmith Colin Hamer, Chris Van Zanten with his hot glass art, Joanne Desarmia with her wire wrap jewellery, and Khodor Jarous with his traditional Syrian food.

Culandubh Studio is our “fun and youthful” studio where you’ll find Ross McLaughlin’s locally produced maple syrup, Laurel Cook’s quirky and unique animal paintings, Natasha Peterson with her children’s books, Nadine Sculland with her miniature quilts, and Deb Munro’s natural skin products to keep your skin healthy, fresh and youthful!

Woolley Things is this year’s “bold and beautiful” studio. As you enter the front door, you will be confronted by the multi-harness loom on which Karen Riches creates her richly coloured textiles. You will also find the eye-catching pottery of Ian Paige in the upper level. In the bright sunny studio on the lower level of the house, Kevin Wilson and Sandra Allen will be giving demonstrations of flameworking throughout the weekend and offering their bright and beautiful glass art for sale. Also on the lower level will be the dynamic and vibrant painting and artwear of Jill Alexander, as well as Dave Card with his bold and unique woodcarvings. And to top it off, Heart and Soul Café will be providing a lunch stop of hearty homemade soups and cornbread.

Fluid Solar Roasted Coffee is our “electric bean” studio. In addition to coffee cupping and tours of their solar facilities, Bill Kemp will be there with his renewable energy books, as well as Kat Stevens with her wire-crocheted jewellery. She uses small gemstones and minerals in her work that often mimic the shapes of coffee beans. She names her necklaces, and has even created some for the tour in a coffee theme. We will also have Chris Kiez, another photographer whose work is often described as “electric”. And to round it off, on Sunday and Monday, there will also be the Jolly Hog Gourmet Food Truck at their site.



This year’s Crown & Pumpkin studio tour has expanded to include locally crafted beer, chocolate and coffee, as well as works by artists such as Dave Card (above) and Lori Rowsell (left). It takes place over Thanksgiving weekend in Mississippi Mills.

Sumack Loft, deep in the forests of Lanark County, is our “serenity cabin” studio. Auni Milne’s work is inspired by the peaceful and natural surroundings, Kristina Grant’s Toadlily Design crafts rustic and exquisite home décor items from found and recycled items, Steven Lewis’ award winning paintings convey a deep serenity, and you can understand how Lori Rowsell, a mediator and teacher of mindfulness, draws deep solace from her fibre work.

Of course there are other great studios in the mix not to be missed. In Almonte you can visit **Carriageway Studios** with Dawn Walker’s print-making, Jeremy Ford’s pottery, Mary Pal’s fibre art, Marie France-Gosselin’s weaving and North Market Caterers providing a wonderful lunch stop; **Diana Jackson’s Sculpture Studio** in the Old Post Office; **Kehla Jewellery Design Studio**; the **Almonte Potters’ Guild** with works by several artists; **Hamilton Studio** with Sam Hamilton’s illustrations and Linda Hamilton’s paintings and Daydream Flowers; **Meredith Kucey’s Jewellery**; and **Mary Pfaff’s Studio** of contemporary abstract paintings. In Clayton and beyond you can visit **Willow Creek Studio** with Kaija Savinainen’s paintings, **Moondance Gallery** with Barbara Mullally’s jewellery and Robert Pauley’s millinery and quilts, **Clayton Clayworks** with Seitze and Saskia Praamsma, and the new and exciting **Grassroots Furniture Studio** of Eric Young.

Check it out at <crowndandpumpkin.com> and mark your calendar!
—Laurel Cook

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Sat, Sept. 2 **King of the Swingers** (Old Time/Dixieland) 5:30-8:30
Fri, Sept. 8 **Rob Lutes + Rob MacDonald** (Acoustic Blues Masters, Montreal) 7-10, \$10
Sat, Sept. 9 **Bob Robertson Trio** feat. **Kevin Head** (Folk/Rock, Kingston) 5:30-8:30
Fri, Sept. 15 **Healy & Orr** (Classic Rock and Roll Party! Brockville) 7-11, \$10
Sat, Sept. 16 **Jeff Callery + Gino** (Folk/Rock, Brockville) 5:30-8:30
Fri, Sept. 22 Blues on the Rideau **Angel Forrest Band** (Montreal) 7-11, Buffet & Show \$65+hst
Sat, Sept. 23 **Between The Lines**: Canadian Songwriter Summit with Rick Fines, Wendell Ferguson, Jenny Whiteley & Suzie Vinnick feat. Joey Wright 7-11, Buffet & Show \$55+hst
Fri, Sept. 29 **John Wilberforce** (Folk/Rock, Kemptville) 6-9
Sat, Sept. 30 **You've Got A Friend**: A Musical Tribute to Carole King and James Taylor feat. **Miss Emily** and Kingston's Finest Musicians (Folk/Rock) 7-11, Buffet & Show \$50+hst

Farmers' Markets Through the Fall

Have you heard the one about the old farmer from Pakenham who won \$2.5 million in the lottery? The local press was all over him asking what he was going to do with all that money. The old-timer scratched his head and allowed as to how he would just keep on farming until it was all gone. The point being that farming is hard work and extremely risky to boot.

by David Hinks

It has been like Russian roulette trying to harvest hay this year — cut it and it will rain! I am especially grateful to those market gardeners who are trying to make a living on small acreages and are marketing their produce to local stores and restaurants, to Community Supported Agriculture shares, and at local markets. I have found that smaller producers can be much more flexible than large farmers. They do not have to produce large-scale monocultures. They may be quite happy to try growing thirty varieties of heritage tomatoes. For sure it is not a get-rich-quick scheme. They work very long hours and battle all kinds of growing challenges, disease, pests, and adverse weather, for less-than-minimum wages.

I try to support these plucky entrepreneurs by buying locally as much as possible, generally at Farmers' Markets during the growing season. We are very lucky to have

several markets close at hand. Which one is your favourite — Almonte? Carleton Place? Perth? Carp? They are all so different; I am hard pressed to pick a favourite, although Carp certainly has an enviable status in the world of Farmers' Markets, being held up as a model for local producer-controlled markets. On the other hand, a visit to the Almonte Market provides a great opportunity to meet and chat with friends and neighbours. And then there is the Crystal Palace in Perth...

More than 200 years ago, in 1780, Kingston became home to the first Farmers' Market in Ontario. As pioneers settled the rest of the province, the popularity of these markets grew. Their numbers increased continuously until the 1970s, when downtown shopping started a serious decline. A rejuvenation in Ontario began in the 1980s, and in 1991 Farmers' Markets Ontario (FMO) was established. The Ontario Ministry of Agriculture, Food and Rural Affairs has also been instrumental in seeing that the decline is reversing itself. Local business and community groups in every nook and cranny of Ontario are forming community partnerships with municipal governments and farmers. FMO considers itself a professional association of farmers' markets and a one-stop shop for everything from liability insurance to personalized advice, as well as for management, marketing and professional development. It will advocate with municipi-



vendors being shut out of farmers' markets. I agree that rules need to be followed and standards maintained, but it does seem rather short-sighted to me to unnecessarily restrict the number of vendors, particularly those growing fresh produce. It seems to me that the larger the market, the greater the draw for customers.

Sadly, the summer is drawing to a close, but it also means that there are lots of opportunities to celebrate what appears to be a bountiful harvest this fall, and to purchase armfuls of fruit and vegetables at their succulent best!

To help you keep on supporting them until the last minute, here's a list of markets and their final dates for this season:

- **Almonte**, with its 16 vendors, is open until October 7 <almontefarmersmarket.com>
- **Carleton Place** (18 vendors) is open until October 14 (find them on Facebook)
- The last regular market for **Carp** (107 vendors) is October 28, with a special Christmas Market taking place on December 1 and 2 <carpfarmersmarket.ca>
- **Constance Bay's** market stays open until September 30, with a Christmas Market on December 2 <marketinthebay.com>
- **Perth**, with 28 vendors, is open until October 7 <perthfarmersmarket.ca>
- Three other markets run until October 7: **McDonalds Corners** (find them on Facebook), **McNab/Braeside**, and **Renfrew** <renfrewfarmersmarket.com>

palities, regulators and potential funders to help ensure the health and sustainability of markets. When FMO came into being almost 25 years ago there were fewer than sixty markets province-wide, with many of them struggling. Since then, more than one hundred other markets have been created — and they are generally thriving.

There is also a big emphasis on ensuring the highest standards of food safety. Our local Health Unit has an essential role. It provides educational information in many formats, including a 110-page manual provided through FMO that provides clear information, practices, tools and checklists for handling food intended for the farmers' market safely, to minimize the risk of food-borne illness.

Local farmers' markets establish governing bodies and set rules for conduct of business, and procedures for joining the market as a vendor. In talking to local producers, I have heard many stories about potential

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Laura Smith in Perth

Here's hoping you had a magical summer, attended lots of music festivals, got turned on to new-to-you musicians, and found enough sunshine to keep you smilin' inside and out. As we head into fall, it's good to start planning ahead. This article will hopefully assist in doing so, as the Listening Room Series in Perth kicks off on Sunday, September 24 at 7PM with an award-winning Canadian legend from the East Coast — singer/songwriter Laura Smith — at the Perth Tea Room (Perth Restaurant).

Smith has been championed by the late Peter Gzowski of CBC Radio's *Morningside*, who was smitten by her haunting voice when her song *My Bonnie* (her adaptation of *My Bonnie Lies Over the Ocean*) hit the airways. From then on he included her tunes in many of his shows.

I remember hearing her live for the first time at the Tulip Festival in Ottawa, and being mesmerized by the beautifully wholesome sound of her truly unique voice, as well as her insightful, creative storytelling. Many a time I've seen her bring tears to the eyes of an entire audience, just singing a cappella. She brought the Stewart Park Festival audience to a rousing standing ovation the last time she played. Though born and raised in London, ON, she has called Canada's East Coast home since 1984. That area has affected her writing, which often references boats, water, historical yarns, community, and the charm of the inhabitants. If Laura Smith weren't enough to make you rush to get tickets (since she sells out every time she plays here), she's being accompanied by the multiple award-winning guitar virtuoso Tony Quarrington.

Tickets are \$20 and available by calling 267-7902 to arrange necessary payment in advance to reserve. Dinner reservations at The Perth Tea Room can be made by calling 267-3170. Part of the proceeds will be going to the Lanark County Community Justice Program — a worthy program facilitating restorative justice in our area.

Other upcoming dates in the Listening Room Series are: Sunday, October 22 (Arlene Quinn); Sunday, November 12 (John Wort Hannam); and Sunday, December 3 (Irish Mythen).

For those new to the area or looking for a different entertainment experience, the Listening Room Series features quality singer/songwriters from all around the world, who perform original material in a quiet, concert-like atmosphere, usually two sets an evening. These are non-profit and run as fundraisers for different charities each month. Audiences appreciate the intimacy of the experience, being able to meet the artists at breaks and enjoy the stories between songs. Email <ferdburphyll@gmail.com> to receive notifications, and support live music everywhere!

— Steve Tennant

See Traditional Art of the P.A.S.T.

This year of celebrating 150 years since Canadian Confederation is a time to look back at the traditions and ways of life of the indigenous people and early European settlers before we leap forward into our technological age.

By 1867 there were settlers from many European countries who had come to Canada to start a new life — sometimes voluntarily, but often fleeing persecution and war. They brought with them skills and traditions, and they learned from the indigenous people of Canada how to survive in a cold and sometimes hostile climate. They discovered the flora and fauna of their new land, and the skills needed to live there. This melding of traditions from the old world and the new continued and gave rise to novel practices for many years.

Today the rate of change is so fast that, at times, we need to step back and appreciate the skills, tools and artistry of the past before we lose them to modernity. Taking place on October 7-9, the **Perth Autumn Studio Tour** highlights some of these traditional skills, from fence-building and canoe-making to woodworking, pottery, weaving and felting.

Tour artisans also demonstrate the way these old talents have been adapted to our modern world. By producing works that reflect our past but are still functional today, the artisans keep old skills alive and create unique pieces. They use traditional tools and methods, updated to include some modern conveniences, but maintaining the ideal of producing items of use and beauty that will last at least a lifetime.

Today's potters may use electric wheels and kilns, but the skill needed to produce a fine and functional pot takes years of practice. Dunn Sohn may use an electric lathe but much of his machinery is vintage, and has been restored to working condition. Brent Kirkham has taken the traditional skills needed to make canoes to an art form, while Franc van Oort uses many old printmaking techniques to create images that meld with modern décor. The skills that settlers brought with them and adapted to their new country can be seen in the stone carvings of John Schweighardt and the traditional cedar rail fences of Scott Dobson; both have raised the practicality and necessity of these items to objects of art.



From gorgeous canoes (above, by Brent Kirkham) to beautiful ceramics (below, by Susie Osler), artists of the Perth Autumn Studio Tour meld the traditions of the past with modern esthetics

In past eras, the only way to make and share images of the landscape and those inhabiting it was for artists to paint or draw the world and people around them. Gary Barr's watercolours and oils depicting the landscapes of Eastern Ontario and the heritage buildings in villages and farms continues this tradition, while Shelley Ball uses the modern techniques of photography to educate and inform about the natural environment.

This year there are also several new and returning fibre artists who use old techniques and equipment to elevate function to art. Bridget O'Flaherty's delicately stitched pictures depict the Ottawa Valley landscape using quilting methods combined with embroidery. Zoë Lianga has developed the traditional technique of felting into an art form, and a new guest, Dagmar Sagat, creates functional cushions and household items decorated with her subtle stitchery. Heather Sherratt's handwoven clothing, made on looms that are basically the same as the pioneers used, is produced from time-honoured and modern fibres including wool, silk, linen, bamboo, and soy silk.

The Ottawa Valley today gives us a microcosm of the work of the settlers, the influence of the countryside, and the impact of the First Nations people who have survived here for many thousands of years. The artisans of today try to take the skills, equipment and knowledge of the early settlers and the original inhabitants of the area to develop useful and beautiful artifacts that reflect their traditions and incorporate modern functionality for future generations.

Set aside some time over the Thanksgiving weekend to explore the Perth Autumn Studio Tour. It takes place from 10AM to 5PM on October 7, 8, and 9, and more details can be found at <perthstudiotour.com> or by calling 267-5237.

— Heather Sherratt



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Pack Up All My Cares and Woes... Hi, Hi, Blackbird!

On assignment by the Worthy Editor, Weetabix recently re-visited an old favourite, the Blackbird Café in Burnstown. There are many factors that make a restaurant more than a place to get fed. Location is usually not much of a factor, since if it is worth going, it is, by definition, on the right side of the road.

by Sebastian Weetabix

Food quality, of course, will be the ultimate deciding factor subject to convenient hours of operation, but “ambience” is important and, in fact, a significant factor in the perception of food quality. It is a combination of factors that actually creates a supporting matrix for the meal, aiding ingestion and digestion as well as appreciation. Poor ambience can ruin an otherwise excellent meal and the circumstances of presentation can make an otherwise lacklustre meal into a memorable occasion. A simple thought experiment can be done: imagine sitting down to a well-prepared meal on a quiet evening and getting “greetings” from the taxman. Compare that to your imagined reaction to getting good news from the lottery while munching yet another PBJ. Between these extremes, if you are not in need of chronic medication, lies your comfort zone. The function of ambience is to move you into the upper part of your comfort zone, thereby enhancing your overall experience.

The Blackbird Café recently changed hands, and Weetabix is pleased to report that the new owner, Sydney Yackaback, has managed a very smooth transition. It certainly helps that she grew up professionally in the restaurant under the supervision and tutelage of Charlene Chevalier, who created the restaurant as we know it. Charlene stayed on for an extended transition and helped Sydney transition from managing the kitchen to managing the whole enterprise. Other staff, notably Sarah who manages the front, stayed on and comments: “I love working here, this is my family.” Indeed.

Charlene, the former owner, created a welcoming and sustaining ambience that remains basi-

cally unchanged. The Café is a small space with attractive and interesting décor that features a large selection of antique objects to provide background visual interest. The heritage building previously housed a general store, and the space retains some of the fixtures and artifacts of a bygone era. There are a small number of tables around a central and functional stove that provides physical and visual warmth; in the back of the dining room a low bar separates it from the kitchen area. Take some time to examine some of the artifacts closely and you may be rewarded with interesting insights into how our lifestyles have changed in response to basic technology and packaging of essential goods. When we visited, a quiet musical background added to the nostalgic appreciation of a simpler and less stressful past. The room’s overall rustic comfort is both stimulating and relaxing.

Taking over the Blackbird, Sydney has the advantage of stepping into an excellent operation with an established custom; she has made minor but effective changes and kept the style and quality of the food. Menu changes are noticed and Weetabix ordered a light lunch as did his companion — dishes were exchanged in the interests of comparison and pronounced quite satisfactory and ample. Inquire about the daily specials and soup — it is worth the effort. High standards of service and food quality are maintained.

Those of us who are patrons of restaurants take a lot for granted. The presentation and delivery of food to a variable and somewhat unpredictable audience is a very tough act to develop and maintain. Every “performance” starts from scratch. There is little room for error and every patron is a critic. Margins are thin, regulations onerous, and many factors can intrude to create difficult circumstances. Opportunities for extraordinary performance tend to be weighted to the negative rather than the positive. And still, as Weetabix can attest, many people in the business love what they do. We should be grateful for the fact that Sydney has taken the mantle and is joined in her dedication by others in the trade. Running a good restaurant requires one to pull together all the components needed for consistent



If you’re en route to Renfrew or Calabogie, or making Burnstown your ultimate destination (perhaps to check out the annual art show at Bittersweet Gallery by this month’s profiled artist, Richard Gill), Weetabix recommends stopping in at the Blackbird Café

and high quality performances in which excellent food is pleasantly presented in a supportive ambience. And all that at reasonable prices!

A key to the success of the Blackbird Café is that it knows what it is about and does not overreach. The menu is short and well thought out. Lunch is soup with a variety of sandwiches and salads, or a selection from a well-composed list of salads and a few sides. Excellent hummus, by the way. Very satisfying fare. Dessert offerings are interesting and varied.

The Blackbird Café is not open every day and since it is on a route to Calabogie it has some seasonal traffic. Check the informative website <blackbirdburnstown.com> and make (and keep) reservations. Licensed with a well-selected wine list and reasonable corkage if you BYOB.

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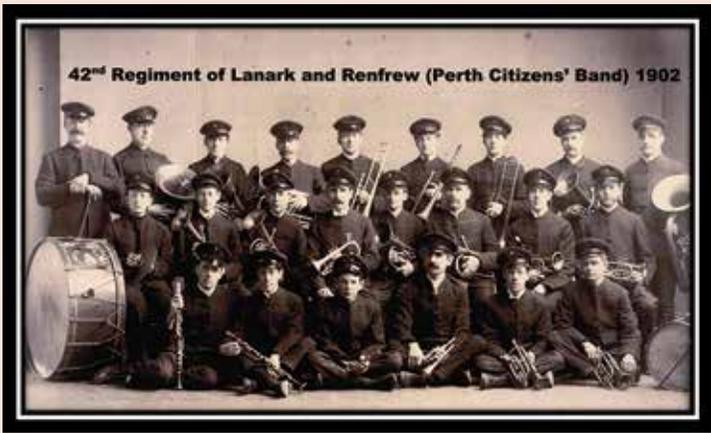
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Canada's oldest continuing town band will perform on Sept. 24

Salute to Canada Perth Citizen's Band Concert

The Perth Citizens' Band will be holding a concert entitled "Salute to Canada" to celebrate Canada's 150th anniversary. The band, which is the oldest continuing town band in Canada, has been an integral part of the town, providing music in the community for over 165 years. For Canada's first Dominion Day in 1867, the band was there; when the troops went overseas and returned from World War I and World War II, the band was there; during Canada's centennial in 1967, the band was there; and today the band is still entertaining local audiences.

The program will include patriotic tunes and Canadian marches such as *The Maple Leaf Forever*. In addition, the concert will feature songs by well-known Canadian performers including Anne Murray, Gordon Lightfoot, Leonard Cohen and Bryan Adams. Also included will be music from movies with a Canadian connection, such as *Lord of the Rings* by Canadian composer Howard Shore, and *Titanic* by James Horner. Joe Martin, the band's composer-in-residence, has also composed a piece to celebrate Canada's 150th.

The concert will take place at the bandstand located behind the Town Hall in Stewart Park on Sunday, September 24 at 2PM, and it's free! Audience members are invited to bring a lawn chair or simply come out for a stroll and to enjoy the music. For more information, please visit <perthband.ca>.

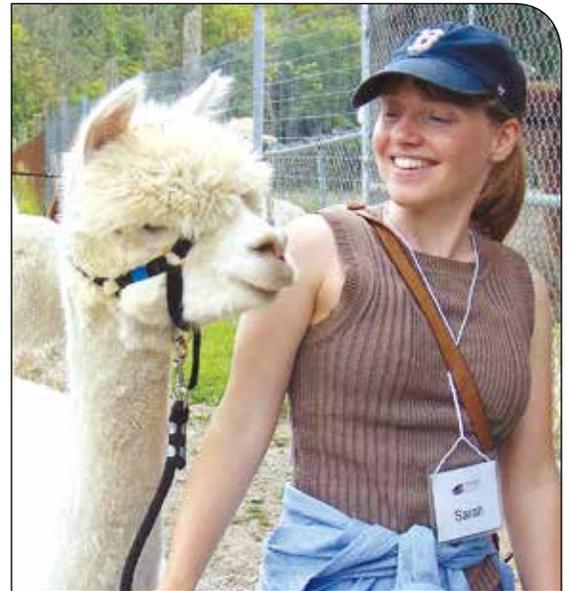
Alpacas... and Beyond!

On August 19, students from Ontario and Quebec headed back to class early! These weren't your usual students though — these students were learning about all things alpaca at **Alpaca 101**. Hosted by Robert and Hanne Quigley, North Frontenac County ambassadors and owners of Silent Valley Alpaca, this workshop has become a popular day of learning.

As public interest in alpacas has grown, and more and more farms have sprung up, Robert and Hanne saw a need. They wanted to provide quality information and hands-on experience with alpacas to ensure a smooth transition for individuals new to the industry. The workshop attracts those exploring the idea of alpaca ownership, those planning for their first alpacas, and those who are intrigued by the animals and simply want to learn more about them. No matter the motivation, everyone leaves with a binder of notes, a belly full of good food, a list of new friends and farm contacts, and some great pictures of an unforgettable day.

Attendees hear from a number of alpaca owners — each with a unique perspective on alpaca farming: with Karen Moore (Yellow Brick Farm) participants explore the journey to alpaca ownership, with Hans and Colleen Brower (Wilhaven Ridge Alpacas) the learning is all about farm set-up and planning, and with Chris and Shannon Rouleau (Ballintotas Alpacas) participants discover the many avenues available for fibre processing, production and marketing.

But the real magic happens in the barn, where Robert and Hanne focus on care, handling and breeding. Participants are treated to demonstrations of toenail trimming, body scoring, the etiquette for showing an alpaca in the ring, and how to evaluate an alpaca against the industry breed standards. Participants have the opportunity to interact and spend time with the alpacas. They practice approaching, haltering and leading an alpaca, and the culminating event is an "alpaca walk" through the picturesque property.



Get up close and personal with alpacas on National Alpaca Farm Days, taking place on September 23 and 24 at three farms in the area

Reviews for the event have been excellent. Some participants even return more than once to brush up on skills and continue the learning.

Those interested in participating in future Alpaca 101 events can contact Silent Valley Alpaca through their website, on Facebook, or by email at <silentvalleyalpaca@gmail.com>. Better yet, sign up in person at **National Alpaca Farm Days**. This annual event offers an opportunity to get up close and personal with the alpacas and also to purchase the many great products made from their fibre. National Alpaca Farm Days will be in full swing on September 23 and 24, from 10AM until 4PM, at Silent Valley Alpaca (Ompah), at Wilhaven Ridge Alpacas (Cumberland), and at Ballintotas Alpacas (Braeside). Come on out and enjoy a day on the farm! For more details, visit <ballintotasalpacas.com>, <silentvalleyalpaca.ca> or <wilhavenridgealpacas.ca>.

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5pm - close

www.blacktartankitchen.com
info@blacktartankitchen.com
(613) 492-0860

Carleton Place Hosts Doors Open



Get ready to wander and explore on the weekend of September 16 and 17! **Doors Open Carleton Place 2017** features eleven local properties that will be open to the public, free of charge. This is a great opportunity for residents to play tourist in their own community, and one more reason for visitors to come and discover the town of Carleton Place!

The Municipal Heritage Committee is sponsoring this two-day event, assisted by the Ontario Heritage Trust. Participating sites will be open from 10AM to 4PM each day.

The first Doors Open Day took place in France in 1984. The idea soon spread to neighbouring countries, and in 2000 the City of Toronto launched the first Doors Open event in North America. Some of the highlights of this year's Carleton Place event include:

- Tours of the wool grading facility at the Canadian Cooperative Woolgrowers at 11:30AM and 2PM each day;

- A "Fall Finds" pop-up shop at the Carleton Place and Beckwith Heritage Museum, where you can shop for vintage treasures;

- Guided tours of the Carleton Place Town Hall, taking you backstage in the historical auditorium where you can stand on one of Canada's few remaining raked stages;

- Visits to the apartments above The Granary in the Keyes Block, where you'll learn about the building's history and view the unique glassed ventilation shaft; and

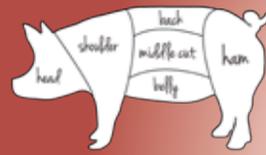
- Signatures on the stairway wall in the Masonic Lodge on Bridge Street.

For more information and a complete list of participating sites, please visit doorsopenontario.on.ca/Events/Carleton-Place. If you are interested in helping out as a volunteer, please call Jennifer at 253-7013 or email cpbmuseum@outlook.com.

Everyone is invited to participate in this celebration of the community's heritage. Don't miss this unique opportunity to explore the sometimes hidden and always interesting places and spaces — all free of charge. Come wander in Carleton Place!



From Farm to Fork — Harvest Dinners and Pork!
Downtown Carleton Place will host two terrific harvest meals in September:



A Feast of Fall

A pig roast feast hosted by **Black Tartan Kitchen** and **Stalwart Brewing Co.**

SUNDAY, SEPTEMBER 3, 6-11PM

at the Carleton Place Canoe Club

Tickets are \$65 on Eventbrite (19+)

A portion of the proceeds will be donated to the Carleton Place Community Friendship Oven Project

FARM TO FORK

HARVEST DINNER & DANCE



Outdoor community dinner with **Beckwith Butcher** and **Waterfall Catering**

SATURDAY, SEPTEMBER 9,

5PM-MIDNIGHT

at the Market Square Pavilion

\$35 per person from The Granary

All funds raised support Lanark County Interval House

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Claiming Column

The Tomorrow Box, Perth, Oct 6-8
Expressions of Art, Carp, Oct 6-8
Crown & Pumpkin Studio Tour, Mississippi Mills, Oct 7-9
Perth Autumn Studio Tour, Oct 7-9
Who Dunit, SE, Oct 13-27
Almonte Civitan CHEO Dinner, Oct 14
Zombie Walk, Almonte, Oct 14
Twelfth Night, CP, Oct 20-28
Art Journey Show & Sale, SE, Oct 28-29
The Marvelous Wonderettes, Perth, Nov 2-5
Cheerfully Made Xmas Market, Almonte, Nov 4-5
Christmas in the Valley, Almonte, Nov 4-5
Itty Bitty Art Show & Sale, CP, Nov 4-5
Arne of Green Gables The Musical, CP, Nov 24-Dec 3
Red Trillium Studio Tour, W. Carleton, Nov 25-26

Festivals

Perth Fair, Sep 1-4. Demo Derby, midway, displays, food. Perth Fairgrounds. 267-4104, perthfair.com. \$10-12, ages 7-12 \$2-4
Fibrefest, Sep 9-10, 10AM-5PM. Fibre art vendors & workshops. Mississippi Valley Textile Museum & Almonte Arena, Almonte. 256-3754, mvtm.ca. \$5/day
Middleville Agricultural Fair, Sep 16, from 10AM. Livestock, pet show, more. Middleville. middlevillefair.ca. \$5, under 6 free
Carp Fair, Sep 21-24. Live music, horse shows, midway and more. Carp Fairgrounds. 839-2172, carpfaironline.ca. \$varies

Local Food

A Feast of Fall, Sep 3, 6-11PM. Pig roast supporting CP Friendship Oven. CP Canoe Club, Carleton Place. blackartankitchen.com/events. \$65
Lanark County Harvest Festival, Sep 10, 11AM-4PM. Local producers, food seminars, music. Beckwith Park. 1-888-452-6275, harvestfestival.ca
Almonte Food & Drink Show, Sep 16, 1-5PM. Wine, beer, spirits. Sweet & savoury foods. Ages 19+. Almonte Community Centre. almontefoodanddrink.ca. \$20

Visual Arts

Meet the Artist: Lynda Greenberg, Sep 2, 11AM-1PM. Photographer. MERA, McDonalds Corners. meraschoolhouse.org
Sundance Artisan Show, Sep 2-3 (10-5), Sep 4 (10-2). 40 artisans in 1 spot. Fall River Restaurant, 21980 Hwy 7, Maberly. sundancestudio.ca
Vernissage: Backlands, Sep 9, 3-6PM. Meet artists: Barbara Gamble & Susan Tooke. Sivarulrasa Gallery, Almonte. 293-2492, sivarulrasa.com. Free
Almonte & Area Artists' Assoc, Sep 11, 7:30-9PM. All welcome. Speaker: Erica Gilmore, Hummingbird Chocolate. Almonte Library. 256-5863, 4a-artists.ca. Free
Almonte Quilters' Guild, Sep 18, 7PM, Almonte Civitan Hall. 257-8444, almontequiltersguild.com
Meet the Artist: Jennifer Noxon, Sep 21, 7-9PM. General Fine Craft, Almonte. 461-3463, generalfinecraft.com
Contemplative Art Retreat, Sep 23, 10AM-4PM. Register at info@stonebridgehaven.ca. Stonebridge Haven, Pakenham.
Merrickville Artists' Guild Studio Tour, Sep 23-24, Sep 30-Oct 1. 10AM-6PM. Merrickville, mag-artists.ca
Lanark County Quilters Guild, Sep 26, 7PM. Guest: Mary Elizabeth Kinch, fabric designer. Perth Lions Hall, \$3 guests

WHAT'S ON IN

Monday

Tuesday

Wednesday

Thursday

Bittersweet Gallery presents Richard Gill's annual show [Sep 30-Oct 9] <burnstown.ca/bittersweet>
CP & Beckwith Heritage Museum presents *A Valley Town at Confederation* <cpbheritagemuseum.com>
Carriageway Studios presents *Flights of Fancy 2*, Jennifer Ryder-Jones' mixed-media sculpture <carriagewaystudios.ca>
Fairview Manor Lobby presents photographs by Christine Bois, Kathleen Kelly & Laurette Lafleur
FIELDWORK presents *Soundwork* <fieldworkproject.com>
General Fine Craft features Richard Skrobecki's earthenware ceramics [to Sep 17], Jennifer Noxon's paintings & constructions [from Sep 19] <generalfinecraft.com>
Mary Pfaff Studio presents Alan Mirabelli's photos <marypfaff.ca> [Sep 23-Oct 1; meet the artist Sat/Sun, 2-3PM]
MERA Schoolhouse presents the photography of Lynda Greenberg <meraschoolhouse.org>
MVTM presents William Hodge's tapestries, Weavers Unlimited's shawls & Vanessa Coplan's contemporary patchwork [to Sep 16] <mvmtm.ca>
Sivarulrasa Studio & Gallery presents *Backlands*: Barbara Gamble & Susan Tooke <sivarulrasa.com>
Mississippi Mills Chambers Gallery: Stephanie Huckabone's acrylic landscapes; **Almonte Library Corridor Gallery**: Monika Seidenbusch's acrylic figurative

<p>Sundance Artisan Show, Maberly Bridge Club, Arnprior Carp Celtic Jam, Carp Masonic Lodge Perth Fair, Perth Bridge Club, Smiths Falls</p>	<p>4-Hand Euchre, Bolingbroke Brock Zeman & Blair Hogan, O'Reilly's Pub Green Drinks, Perth I'll be Back before Midnight, Perth Bridge Club, Smiths Falls</p>	<p>Acoustic Stage w/Dave Balfour, O'Reilly's Pub Bridge Club, Almonte Car Toot Bingo, Almonte CP Hort: Cut Flower Arranging, CP I'll be Back before Midnight, Perth Open Celtic Jam, Naismith Pub Open Mic w/Shawn McCullough, The Cove</p>	<p>Bridge Club, Arnprior I'll be Back before Midnight, Perth Jazz Night w/Spencer Evans Trio, The Cove Karaoke, Valley Food & Drink Co. Karaoke, Golden Arrow Mahjong, Bolingbroke Musicians' Circle, Bolingbroke Open Mic, Alice's Village Cafe Seniors' Expo, Almonte</p>
<p>Almonte & Area Artists' Assoc, Almonte Bridge Club, Arnprior Carp Celtic Jam, Carp Masonic Lodge Retirement Financial Seminar, CP Bridge Club, Smiths Falls</p>	<p>4-Hand Euchre, Bolingbroke Brock Zeman & Blair Hogan, O'Reilly's Pub Celtfest General Meeting, Almonte Modern Square Dance Lesson, Beckwith Bridge Club, Smiths Falls W. Carleton Garden, Carp Women's Business Group Lunch, Carleton Place</p>	<p>Acoustic Stage w/Dave Balfour, O'Reilly's Pub Bridge Club, Almonte Auditions: Aladdin, Smiths Falls Seniors' Potluck, Bolingbroke Mississippi Mills At A Glance, Almonte Open Celtic Jam, Naismith Pub Open Mic w/Shawn McCullough, The Cove Social Conversation Circle, CP</p>	<p>Bridge Club, Arnprior FoSH: The Abrams, Stonefields Jazz Night w/Spencer Evans Trio, The Cove Karaoke, Valley Food & Drink Co. Karaoke, Golden Arrow Mahjong, Bolingbroke Musicians' Circle, Bolingbroke Open Mic, Alice's Village Cafe Toastmasters, CP</p>
<p>Almonte Quilters' Guild, Almonte Bridge Club, Arnprior Carp Celtic Jam, Carp Masonic Lodge NFB screening, Carleton Place Bridge Club, Smiths Falls</p>	<p>4-Hand Euchre, Bolingbroke Brock Zeman & Blair Hogan, O'Reilly's Pub Modern Square Dance Lesson, Beckwith Bridge Club, Smiths Falls</p>	<p>Acoustic Stage w/Dave Balfour, O'Reilly's Pub Bridge Club, Almonte NLHS: Mistakes That Changed History, Appleton Open Celtic Jam, Naismith Pub Open Mic w/Shawn McCullough, The Cove</p>	<p>Take Back the Night, CP Carp Fair, Carp Curling Registration, Almonte Hubble Space Telescope, CP Jazz Night, Slackoni's, The Cove Karaoke, Valley Food & Drink Co. Bridge Club, Arnprior Mahjong, Bolingbroke Meet Artist Jennifer Noxon, Almonte Musicians' Circle, Bolingbroke MVFN: Bird Talk, Almonte Open Mic, Alice's Village Cafe Perth Hist Soc, Perth</p>
<p>Almonte Hort: Seeds, Almonte Bridge Club, Arnprior Carp Celtic Jam, Carp Masonic Lodge Craft Club, Carleton Place Parkinson's Support Group, Perth, Almonte Bridge Club, Smiths Falls</p>	<p>4-Hand Euchre, Bolingbroke Brock Zeman & Blair Hogan, O'Reilly's Pub Lanark County Quilters Guild, Perth Bridge Club, Smiths Falls</p>	<p>Acoustic Stage w/Dave Balfour, O'Reilly's Pub Bridge Club, Almonte Open Celtic Jam, Naismith Pub Open Mic w/Shawn McCullough, The Cove Social Conversation Circle, CP Their Finest, Perth</p>	<p>Bridge Club, Arnprior FoSH: Ian Sherwood, Renfrew Jazz Night w/Spencer Evans Trio, The Cove Karaoke, Valley Food & Drink Co. Mahjong, Bolingbroke Meditation Club, Carleton Place Musicians' Circle, Bolingbroke Open Mic, Alice's Village Cafe The Tomorrow Box, Perth Their Finest, Smiths Falls Toastmasters, CP</p>

Madawaska Valley Studio Tour, Sep 30-Oct 1, 10AM-5PM. Red maple leaf signs. Eganville, Killaloe, Barry's Bay, Wilno. 633-6902, madawaskastudiotour.com
North Frontenac Back Roads Studio Tour, Sep 30-Oct 1, 10AM-4PM. 15 studios. N of 7, W of Perth. northfrontenacbackroadsstudiotour.com
Richard Gill Fall Show Vernissage, Sep 30, 2-8PM. Talks at 3 & 7PM. Show til Oct 9, 11-5. Burnstown. 432-5254, burnstown.ca/bittersweet

Theatre

I'll be Back before Midnight, to Sep 10: Wed, Sat 8PM; Tues-Sun 2PM. Classic Theatre. St. James Anglican Church, Perth. classictheatre.ca. \$30; under 30 \$21; \$4 fee
Auditions: Aladdin, a British Panto, Sep 9, 10AM-12PM; Sep 13, 7-9PM. Show Dec 8-17. The Station Theatre, Smiths Falls. 485-5538, emduberville@hotmail.com

Hacksaw Ridge, Sep 15, 7:30PM. Studio Theatre, 63 Gore St. E., Perth. studiotheatreperth.com/oscar-movie-nights/. \$10
LIPS: Poetry on the Patio Open Mic, Sep 15, 7-9PM. LIPS Team fundraiser: poetry and music. Coult's Coffee, Perth. \$5
The Man Who Shot Liberty Valance, Sep 15, 7PM; **True Grit**, Sep 16, 7PM. The Station Theatre, SF. 283-0300, smithsfallstheatre.com. \$10/\$5
NFB screening, Sep 18, 7PM. Drop-in. Carleton Place Library. 257-2702, carletonplacelibrary.ca. Free
Comedy Night, Sep 23, 9PM. Golden Arrow, Perth. 267-4500, goldenarrowpub.com
Film Night International presents **Their Finest** Sep 27, 2 & 7PM (Full Circle Theatre, Perth); Sep 28, 7PM (Station Theatre, SF). filmnightinternational.blogspot.ca. \$10
The Tomorrow Box, Sep 28-30, Oct 6-7 at 7:30PM; Oct 1, 8 at 2PM. Studio Theatre, Perth. studiotheatreperth.com. \$24, \$10 stud, \$22 adv.

Lanark Laughs, Sep 29, 8-10PM. Stand-up comedy. Waterfront Gastropub, CP. facebook.com/LanarkLaughs.

Youth

Beauty and the Beast, Sep 1, 7PM, Sep 1, 1:30 & 7PM. Academy for Musical Theatre. Full Circle Theatre, 26 Craig St., Perth. academy@storm.ca, musictheatre.ca. \$12
Audition: Little Mermaid, Jr., Sep 9, 10AM-1PM. Mudds Youth. Ages 9-18. CP Town Hall. muddsmisissippi@gmail.com

Music

Musicians' Circle, Thursdays, 7PM. Musicians only -all ages. ABC Hall, 3166 County Rd. 36, Bolingbroke. 273-9005. \$5 for hall
Flamenco w/Marta & Richard, Sep 8, 7:30PM. Tix: Shadowfax, door. Studio Theatre, 63 Gore St. E., Perth. 267-6817. \$25

Light Up the Night, Sep 9. Live music. Fundraiser for festive lighting for downtown SF. Gerry Lowe Memorial Rink, SF
Lloyd Spiegel, Sep 10, 8PM. Guitarist/singer. Batstone's Northern Ramble, Renfrew. 612-3600, northernramble.com. \$20
OVMF: Gala Celebration Concert, Sep 10, 3PM. St. John Chrysostom, Arnprior. ottawavalleymusicfestival.ca. \$25; \$10 under 30, \$5 students
Paul Marleyn, Sep 10, 2PM. Cellist w/pianist MERA, McDonalds Corners. 485-6434, ticketsplease.ca. \$27.50 adv Tickets Please
Lake Music at Sunset, Sep 16, 6:30PM. Soprano Brooke Dutton outdoors. Rideau Ferry. 485-6434, ticketsplease.ca. \$22
BOTR: Angel Forrest Band, Sep 22, 7PM, The Cove, Westport. 1-888-COVE-INN, bluesontherideau.ca. \$65 dinner/show
JazzNhouse: Kevin Dean Trio, Sep 23, 8PM. Tix: jazzn.ca. TBD, \$25

SEPTEMBER 2017

Friday

Saturday

Sunday

<ul style="list-style-type: none"> Bridge Club, Arnprior Beauty and the Beast, Perth Fish Fry, Pakenham I'll be Back before Midnight, Perth Mississippi Blues Society Open Jam, Waterfront Gastropub Perth Fair, Perth The Brocklees, Golden Arrow Tom Savage & Seamus Cowan, The Cove 	<ul style="list-style-type: none"> Sundance Artisan Show, Maberly I'll be Back before Midnight, Perth Jessie Stone, Golden Arrow King of the Swingers, The Cove Meet the Artist: Lynda Greenberg, McDonalds Corners Perth Fair, Perth Bahoo, Brat & the Commander, Valley Food & Drink Co. 	<ul style="list-style-type: none"> A Feast of Fall, Carleton Place Blues w/Redneck Limousine, Waterfront Gastropub Head over Heel, The Cove I'll be Back before Midnight, Perth Magnolia Rhythm Kings, The Royal Oak Perth Fair, Perth Sundance Artisan Show, Maberly
<ul style="list-style-type: none"> Flamenco w/Marta & Richard, Perth I'll be Back before Midnight, Perth Light Up the Labyrinth, Carleton Place Rob Lutes & Rob MacDonald, The Cove Steve Barrette Trio, The Swan at Carp The Shimmy Kings, Bridges Bar & Grill Tom Watson, O'Reilly's Pub Bridge Club, Arnprior Brea Lawrenson, Golden Arrow 	<ul style="list-style-type: none"> Fibrefest, Almonte 40 Plus Singles Dinner/Dance, SF Audition: Little Mermaid, Jr., CP Heritage Bus Tour, Beckwith Bob Robertson Trio feat. Kevin Head, The Cove Farm to Fork Dinner/Dance, CP I'll be Back before Midnight, Perth Light Up the Night, Smiths Falls Mississippi Mills River Walk & Run, Almonte Parkinson SuperWalk, Perth Teddy Bear Picnic & Bake Sale, Appleton Vernissage: Backlands, Almonte 	<ul style="list-style-type: none"> APEX Jazz Band, The Royal Oak Blues w/Redneck Limousine, Waterfront Gastropub eRace Violence, Middleville Fibrefest, Almonte Head over Heel, The Cove I'll be Back before Midnight, Perth Lanark County Harvest Festival, Beckwith Lloyd Spiegel, Renfrew Open Mic w/Kelly Sloan, Ashton Pub OVMF: Gala Celebration Concert, Arnprior Paul Marleyn, McDonalds Corners Walk: Michael Runtz, Pakenham
<ul style="list-style-type: none"> LiPS: Poetry Open Mic, Perth Stephen Fisher, O'Reilly's Pub The Man Who Shot Liberty Valance, SF Tribute to Eric Pottle, Almonte Umbertlune, Golden Arrow Bridge Club, Arnprior Hacksaw Ridge, Perth Healy & Orr, The Cove 	<ul style="list-style-type: none"> Almonte Food & Drink Show, Almonte Doors Open Carleton Place, CP Jeff Callery & Gino, The Cove Lake Music at Sunset Middleville Agricultural Fair True Grit, Smiths Falls The Sam Steele Band, Valley Food & Drink Co. 	<ul style="list-style-type: none"> Car Show & Shop, Almonte Doors Open Carleton Place, CP Annual Roast Beef Dinner, Franktown Apple Pie & Classic Cars, Appleton Blues w/Redneck Limousine, Waterfront Gastropub Downton Abbey High Tea, Perth FoSH: Jenn Grant, Balderson Head over Heel, The Cove Magnolia Rhythm Kings, The Royal Oak MVTM Auction & Entertainment, Almonte Nature Photography Workshop, Pakenham Open Mic w/Kelly Sloan, Ashton Pub Terry Fox Run, Perth
<ul style="list-style-type: none"> Bridge Club, Arnprior BOTR: Angel Forrest Band, Westport Brea Lawrenson, Golden Arrow Carp Fair, Carp FoSH: Dave Gunning, Union Hall FoSH: Sultans of String, ABC Hall Night Sky Astronomy, Almonte OPP Golden Helmets Motorcycling, Pakenham Scottish Country Dancing, Perth Steve Barrette Trio, The Swan at Carp 	<ul style="list-style-type: none"> Between the Lines, The Cove Brett Pearson Run for Your Life, CP Carp Fair, Carp Comedy Night, Perth Contemplative Art Retreat, Pakenham Curling Registration, Almonte FoSH: Leif Vollebakk, Merrickville FoSH: Rosie & the Riveters, Pakenham Jazzhouse: Kevin Dean Trio, Mississippi Mills Merrickville Artists' Guild Studio Tour National Alpaca Farm Days Me & Him, Valley Food & Drink Co. 	<ul style="list-style-type: none"> APEX Jazz Band, The Royal Oak Blues w/Redneck Limousine, Waterfront Gastropub Carp Fair, Carp Choral Evensong, Perth FoSH: Old Man Luedecke, Tatlock FoSH: The Outside Track, Maberly Head over Heel, The Cove Laura Smith, Perth Merrickville Artists' Guild Studio Tour National Alpaca Farm Days Open Mic w/Kelly Sloan, Ashton Pub Perth Citizens' Band's Salute to Canada, Perth Trad Song Pub Session, Almonte
<ul style="list-style-type: none"> Almonte Lectures: Reconciliation, Almonte Bridge Club, Arnprior FoSH: The Abrams, McDonalds Corners Georgette Fry, Smiths Falls John Wilberforce, The Cove Lanark Laughs, Carleton Place Redneck Limousine, Braeside River City Junction, O'Reilly's Pub Scottish Country Dancing, Perth Shawn McCullough, Golden Arrow The Tomorrow Box, Perth Ktichen Party, Valley Food & Drink Co. 	<ul style="list-style-type: none"> Carole King/James Taylor Tribute, The Cove Fall Tea, Bake Sale & Bazaar, Ashton Madawaska Valley Studio Tour Merrickville Artists' Guild Studio Tour North Frontenac Back Roads Studio Tour Poetic Justice Band, Golden Arrow Richard Gill Fall Show Vernissage, Burnstown Clinic Open House, Clayton tapastree, CP The Godfreys, O'Reilly's Pub The Tomorrow Box, Perth Fall Splendor Workshops, Pakenham 	<ul style="list-style-type: none"> Blues w/Redneck Limousine, Waterfront Gastropub Fall Colours Nature Walk, Lanark FoSH: Ian Sherwood, Kilmours Madawaska Valley Studio Tour Magnolia Rhythm Kings, The Royal Oak Merrickville Artists' Guild Studio Tour North Frontenac Back Roads Studio Tour Open Mic w/Kelly Sloan, Ashton Pub The Tomorrow Box, Perth Fall Splendor Workshops, Pakenham

Celtfest General Meeting, Sep 12, 6:30PM. Need volunteers to continue. Almonte Old Town Hall. almonteceltfest.com

W. Carleton Garden: Philly's Longwood Gdns, Sep 12, 7:30PM. Carp Memorial Hall, Carp. wcgc.ca

Modern Square Dance Lessons, Sep 12 & 19, 7:30PM. Mississippi Squares. Singles welcome. Brunton Community Hall, Beckwith. 831-1675, mississippisquares.ca. Free

Women's Business Group Lunch, Sep 12, 12PM. RSVP at womensbusinessgroup@gmail.com. Carleton Place Terrace CP

Mississippi Mills At A Glance, Sep 13, 7-9PM. Activity info & registration. Almonte Community Centre, 256-1077

Tribute to Eric Pottle, Sep 15, 7PM. A Fiddlers' Night! Almonte Civitan Hall. 256-4126. \$25; 12 & under \$15

Doors Open Carleton Place, Sep 16-17, 10AM-4PM. 11 properties. Visit for free. Carleton Place. 253-7013

Annual Roast Beef Dinner, Sep 17, 4-7PM. Take-out avail. Centennial Hall, 152 Church St., Franktown. \$17, ages 6-12 \$8

Apple Pie Fest & Classic Car Show, Sep 17, 2-4PM. N. Lanark Reg. Museum, Appleton. 257-8503. \$12; \$10 adv

Car Show & Shop, Sep 17, 10AM-3PM. Classic cars. Civitan BBQ breakfast & lunch. Downton Almonte, 256-1077

Nature Photography Workshop, Sep 17, 10AM-2PM. w/Simon Lunn. Register at mmlt.ca. High Lonesome, Pakenham. \$75

Terry Fox Run, Sep 17, 8:45AM. 5 or 10K. Conlon Farm, Perth. terryfox.org

Downton Abbey High Tea, Sep 17, 11AM. 1920s dress optional. Tix: Crossroads. Crystal Palace, Perth. 267-2152. \$35

MVTM Auction & Entertainment, Sep 17, 5-8PM. Frank Burns. Tix: Baker Bob's, MVTM. Almonte Ag Hall. mvtm.ca. \$5

NLHS: Mistakes That Changed History, Sep 20, 7PM. Author George Laidlaw. N. Lanark Museum, Appleton. 257-8503

MVFN: Bird Talk, Sep 21, 7:30PM. Chimney Swifts w/Melanie Farquhar. Almonte United Church. mvfn.ca. \$5 non-members

Perth Hist Soc: Tuberculosis, Sep 21, 7:30PM. Perth Legion. perthhs.org. \$2 sugg

Take Back the Night, Sep 21, 6:30PM. CP Town Hall. 257-3469x63.

Curling Registration, Sep 21 7-9PM; Sep 23, 9AM-12PM. Almonte Curling Club, 160 Bridge St. 256-4560, almonte.ovca.com

Night Sky Astronomy, Sep 22, 8:30PM. Mill of Kintail, Almonte. 256-3610 x1, mvc.on.ca

OPP Golden Helmets Motorcycling, Sep 22, 6PM. Graham St., Pakenham. 256-1077

Brett Pearson Run for Your Life, Sep 23, 9AM-1PM. Walk/Run 5K, 10K 2-person relay. CP Town Hall. cpdrugstrategy.com

National Alpaca Farm Days, Sep 23-24, 10AM-4PM. Open house at 3 farms. silentvalleyalpaca@gmail.com

Almonte Hort: Seeds, Sep 25, 7:30PM. Cornerstone Com. Church, Almonte. 256-5594. \$2 (first time=\$0)

Parkinson's Support Group, Sep 25. Perth: 1:30PM. Com. Home Support, 267-6400. Almonte: 2PM, Mills Com. Support, 256-0509. Free

Stories North: Reconciliation, Sep 29, 7:30PM. Almonte United Church. almontelecures.net. free; donations accepted

Fall Sendor Workshops, Sep 30-Oct 4, 10AM-3PM. Nature/crafts. Register at fultons.ca

Fall Tea, Bake Sale & Bazaar, Sep 30, 11AM-1PM. Ashton United Church, 105 Old Mill, Ashton. \$8; \$4 ages 6-12

Clinic Open House, Sep 30. Free walks & talks. M. Padlewski N.D. 350 Conc 10 Darling, Clayton. 256-5786, naturedoc.ca

tapastree, Sep 30, 6-9:30PM. Local chefs, jazz. Funds Mills Comm Support. CP Town Hall. 256-1031, \$50

Fall Colours Nature Walk, Oct 1, 10AM. All ages/abilities. Blueberry Mountain, Clifford Property, Lanark. 259-3412, mmlt.ca. \$10 donation (under 12 free)

Choral Evensong, Sep 24, 4PM. Church service; pre/postlude by St. James Four. St. James Anglican Church, Perth. 267-1163

Listening Room Series: Laura Smith, Sep 24, 7PM. Perth Tea Room, 23 Gore St. W., Perth. 267-7902. \$20

Perth Citizens' Band's Salute to Canada, Sep 24, 2PM. Stewart Park, Perth. 256-4221, perthband.ca. Free

Trad Song Pub Session, Sep 24, 2-4PM. The Barley Mow, Almonte. 355-5552, dpbaril@gmail.com

Georgette Fry, Sep 29, 8PM. The Station Theatre, Smiths Falls. 283-0300, smiths-fallstheatre.com. \$30

Redneck Limousine, Sep 29, 7-10PM. Live music. Greenside Tavern, Sand Point Golf Club, Braeside

Pub Crawling — p. 29

Community

Bridge Club, Mon-Thu-Fri 1PM. 447-7526. priorbridgeclub.ca

SF Bridge Club, Mon 7PM, Tues 1PM. 256-4747. SF Legion

4-Hand Euchre, Tue 7PM; **Mahjong**, Thurs 1:30PM. ABC Hall, Bolingbroke. 279-1106

Almonte Bridge Club, Wed 7PM. 256-4747. Almonte Legion

Scottish Country Dancing, Fri, 9:30AM. McMartin House, Perth. 264-2767

Toastmasters, Sep 14 & 28, 7-8:30PM. Guests free. Riverview Snrs' Residence, 204 Lake Ave., CP. 250-9282

Fish Fry, Sep 1, 4:30-7PM. Take-out avail. St. Andrew's United Church, Pakenham. 832-3306. \$15, \$8 ages 6-12

Green Drinks, Sep 5, 5:30PM. Informal meeting of environmental folk. Golden Arrow, Perth. Perthgreendrinks@gmail.com

CP Hort: Cut Flower Arranging, Sep 6, 7PM. Speaker: Sylvia van Oort. St. Andrew's Church, CP. 257-4101, \$3/\$10

Seniors' Expo, Sep 7, 10AM-3PM. Almonte Community Centre. 256-1031 x39, the-mills.on.ca. Free

Light Up the Labyrinth, Sep 8, 6:30PM. CP Labyrinth, CP & Beckwith Heritage Museum, CP. 257-1014

40 Plus Singles Dinner/Dance, Sep 9, 7PM dinner, DJ dance. SF Civitan Hall. 285-5557, \$15 (\$10 dance only)

Beckwith Township Heritage Bus Tour, Sep 9, 9:30AM. Beckwith Rec Complex. lanarkgenealogy.com

Farm to Fork Dinner/Dance, Sep 9, 5PM-12AM. Interval House fundraiser. Tix at The Granary, Market Square, CP. downtowncarletonplace.com. \$35

Parkinson SuperWalk, Sep 9, check-in 9:30, walk 10AM. Conlon Farm, Perth. 1-800-565-3000 x3427. Free

Teddy Bear Picnic & Bake Sale, Sep 9, 11AM-2PM. N. Lanark Reg. Museum, Appleton. 257-8503. \$12; \$10 adv

Mississippi Mills River Walk & Run, Sep 9, 11AM-4PM. Register 256-2500x2296. Almonte Fairgrounds. almontehospital-foundation.com. \$30-\$40

eRace Violence, Sep 10, 9:30AM. Walk/run. Reg: events.runningroom.com. For Interval House. Middleville Museum. 434-2401, eraceviolence@gmail.com. \$5/\$25

Walk: Michael Runtz, Sep 10, 9:30AM. High Lonesome, 867 Carbine Rd., Pakenham. mmlt.ca. \$10 donation

CP Library: **Retirement Financial Seminar**, Sep 11, 2PM; **Social Conversation Circle**, Sep 13, 27, 1PM; **Hubble Space Telescope**, Sep 21, 6:30PM; **Craft Club**, Sep 25, 6:30PM; **Meditation Club**, Sep 28, 6:30PM. CP Library, 257-2702

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Buttons: Keeping It Together Show & Sale:

Sat. Sept. 30 10-5

Sun. Oct. 1 10-4

\$8 entry

Ottawa Conference & Event Centre,
200 Coventry Rd. Ottawa

www.ottawavalleybuttonclub.ca

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When Things Go Bump in the Night

The Mississippi Valley Field Naturalists (MVFN) will launch their 2017/2018 speaker series on Thursday, September 21, with a presentation entitled "When Things Go Bump in the Night". The speaker will be Melanie Farquhar, who has worked on research projects monitoring ancient murrelet populations in the Queen Charlotte Islands, recording common loon vocalizations in eastern Ontario, and most recently, investigating chimney swift roosting behaviour in Renfrew County. It is this work that will be the foundation of her talk, *Chimney Swifts: the threatened species "sleeping" in our chimneys*.

Unfortunately, the familiar sunset displays of the gathering birds, swirling in a coordinated mass before diving full speed into a chimney for the night, may become a thing of the past. Melanie examines the

natural history of the chimney swift, the factors leading to their decline, new research into their roosting behavior and how citizen scientists can help with the conservation of this species.

Other topics in the 2017/2018 MVFN series will include Dr. Shelley Ball speaking on the *Lands of the Midnight Sun*, Dr. Gregory Mitchell on *Bank Swallows* and Robert Dick on the *Biological Effects of Light*.

All presentations begin at 7:30PM at the Almonte United Church Social Hall, 160 Elgin Street in Almonte. Doors open at 7PM for socializing before the presentation. All are welcome, with a \$5 fee for non-members. For further details about the MVFN and upcoming speaker presentations, please visit mvfn.ca.

Help Light up the Community Labyrinth

Let's "Light up the Labyrinth" together — from 6:30 to 9PM on Friday, September 8. During this event, the warm glow of more than 600 candlelit luminaries will flicker along the path of Carleton Place's Community Labyrinth. This year, we are fortunate to once again have live guitar and digerdoo music by local musician Kerron Lamb.

We will also be wrapping up our 150 Labyrinth Walks for Canada 150th commemorative event on this evening. Join us to celebrate our combined achievement!

To make this event more collaborative, organizers are asking participants to gather at 6:30PM to prepare and place luminaries for a 7:30PM candlelit walk.

Debby Lytle, chairperson for the Labyrinth Committee, explains: "As a very small committee, we need many hands to help us light up this spectacular display on the labyrinth. Join us at 6:30PM and be part of the assembling and placing of the luminaries, bring along your BBQ lighter to help us light the candles before the walk. The dismantling at the end of the walk is a huge job, so extra help is very welcome then as well!"

Our candlelit labyrinth walks have become a popular fall event, as individuals and families from across the region come to enjoy an evening walk.

"Children and the young at heart can be part of this festive walk by carrying a lantern, wearing their glow-in-the-dark-apparel, glow necklaces, glow sticks, and more. Be creative!" says Julia Heathcote, a volunteer labyrinth keeper. Parents of young children should be cautioned that the luminaries are real flames, so please consider clothing and lantern choices carefully.

For those who wish to relax and watch the candlelight, garden benches and a wheelchair-accessible contemplation ring encircle the labyrinth. If you would like to sit for a while and take in the candlelight glow, bring along a lawn chair too.

Thanks to support from the Ontario Trillium Foundation, the Town of Carleton Place and individuals and businesses within our community, this permanent labyrinth exists for people to use at any time. It is located at the corner of George and Baines Streets, beside the Carleton Place & Beckwith Heritage Museum, at 267 Edmund Street in Carleton Place.

For more information or if you would like to help prepare the luminaries, please contact Debby Lytle at 257-1014. Find more information on Facebook or on their blog carletonplacecommunitylabyrinth.blogspot.com.

— Christine Hume



New to the Community? New Baby?

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visit our website to register:
www.welcomewagon.ca

Sunday, September 17th

5:00—8:00 PM

North Lanark Agricultural Hall, Almonte Fairgrounds

Live Auction & Entertainment

to benefit Almonte's



Featuring
Auctioneer Frank Burns

Entertainers
Alex George

Puppets Up! feat. Queen Victoria & Sir John A. MacDonald
Ken Ramsden & the History Buffs
Glen Silverson's Sons • The Sweeney Sisters

REFRESHMENTS & 1870 TIME CAPSULE DISPLAY
recently discovered at Millfall

Tickets will be available at the Museum (3 Rosamond Street East) and Baker Bob's (73 Little Bridge Street, Almonte) for \$5.00

Choral Evensong at St. James in Perth

As this summer drizzles to its close, we look forward to reengaging with familiar activities and trying new ones. Musicians pick up their instruments to practise, choral singers look forward to new repertoire, and we look for opportunities to hear live music. Composers have been writing beautiful music and songs for worship for over a thousand years, and the upcoming season of Choral Evensong at St. James the Apostle Anglican Church in Perth takes from this tradition — using music to complement the contemplative and spiritual language of the *Book of Common Prayer*. Psalms, canticles and anthems are sung by the St. James Liturgical Choir, and the congregation joins in singing hymns. A prelude and postlude by local musicians precede and conclude the service. All are invited.

The first Choral Evensong takes place on Sunday, September 24 at 4PM, with the **St. James Four** providing the prelude (starting at 3:45PM) and the postlude. This in-house band is anchored by St. James' Musical

Associate Val Leavitt on piano, with Musical Director Peter Woodwork on bass and Jim Wright on drums. They will be performing an instrumental version of Bach's *Jesu, Joy of Man's Desiring* interpreted by Parisian composer Jacques Loussier, which provides a contrasting jazz take on this familiar piece. Gill Davis is the soloist, and she will be singing a sacred song by American jazz composer Deanna Witkowski.

At Choral Evensong on Sunday, October 22 at 4PM, the **Cranmer Singers of Ottawa**, under the direction of Frances Macdonnell, return to St. James where they will join the choir in what is sure to be a memorable and inspiring service. There will be also be a Choral Evensong on Sunday, November 19, as well as the Advent Procession with Carols on Sunday December 3, also at 4PM.

St. James Church is located on the corner of Drummond and Harvey Streets in Perth. For more information, contact the church office at 267-1163 or check <stjamesperth.ca>.

Hunting for Buttons

Do you remember playing with your grandmother's button box? Well, for those of us who are collectors, buttons are a passion! In fact, button collecting as a hobby is gaining in popularity.

On the weekend of September 29 to October 1, everyone including avid and new collectors, quilters, sewers, crafters and jewellery designers will band together for the **Buttons: Keeping it Together Show and Sale** at the Ottawa Convention and Event Centre, located at 200 Coventry Road.

"Where do I start?" We suggest you start with what you like the most. You might begin with glass buttons, which are plentiful — especially black glass buttons. These became popular in Victorian England when Queen Victoria went into mourning after the death of Prince Albert. Today there are hundreds of assorted designs to interest a collector.

diameter and stamped with floral prints, ladies with magnificent headdresses, or representing themes of opera or historical happenings. To complement this collection are dozens of tiny metal buttons from ladies' garments worn in the 1800s. A lady often had twenty or more buttons keeping her beautiful gown together.

Another favourite category is celluloid buttons (plastics), made from 1880 to about 1939, including buttons made of Bakelite. Created in bright colours, large or small, these buttons delight all collectors.

Button shows are popular with both women and men. A military button dealer may have interesting information about the history of a regiment or uniform button representing police or fire departments, or of transportation-related buttons from railroads or airlines. Vanity buttons, such as those advertising clothing designers (Brooks Bros., Pierre Cardin, etc.) are often plentiful as well.

Buttons range from \$1 to many hundreds of dollars each. Dealers at the Ottawa show will have a wide range of buttons for sale as well as supplies and ideas to help collectors display their buttons.

We recommend you sign up for the whole weekend (\$55), which includes several presentations and workshops and a live Saturday night button auction. Or just come for the day on Saturday or Sunday (\$8 entry). There will also be an exhibit on the history of buttons, with a focus on Canadian content. Seasoned collectors will enter competitions following rules established by the National Button Society in the United States. The

list is found on the club's website.

Members from button clubs across Canada will be on hand. Experts in their field, they can help identify buttons from your grandmother's button box — who knows — you may have a tiny button that is worth a fortune! Come and find out at the Canadian Button Show and Sale! Find more information at <ottawavalleybuttonclub.ca>.

— Susan W. Smith



The "Buttons: Keeping it Together Show and Sale" takes place from September 29 to October 1

Other buttons easily found today are ones carved from cardozo nuts, also called vegetable ivory. Originally the nuts were used as ballast on ships coming from South America, and were delivered to Kitchener, Ontario, where they were cut and carved into millions of buttons. China buttons, made of porcelain, in plain white or decorated to resemble calico prints, can still be found in the countryside.

However, the most popular at the show will be "picture buttons" measuring over an inch in

September Pub Listings

The Cove (Westport, 273-3636): Wed Open Mic w/Shawn McCullough, 7-10PM; Thurs Jazz Night w/Spencer Evans Trio, 8-10PM; Sun Head over Heels on the Patio, 12:30-3:30PM
 Sep 1 Tom Savage & Seamus Cowan, 5:30-8:30PM
 Sep 2 King of the Swingers, 5:30-8:30PM
 Sep 8 Rob Lutes & Rob MacDonald, 7-10PM, \$10
 Sep 9 Bob Robertson Trio feat. Kevin Head, 5:30-8:30PM
 Sep 15 Healy & Orr, 7-11PM, \$10
 Sep 16 Jeff Callery & Gino, 5:30-8:30PM
 Sep 23 Between the Lines (songwriters), 7PM, buffet & show, \$55
 Sep 29 John Wilberforce, 6-9PM
 Sep 30 Carole King/James Taylor tribute, buffet/show, 7-11PM, \$50
Valley Food and Drink Co. (Calabogie, 752-2676x311): 8PM, Thurs Karaoke
 Sep 2 Bahoo, The Brat & The Commander
 Sep 16 The Sam Steele Band
 Sep 23 Me & Him
 Sep 29 Kitchen Party w/The Peoples Collective
Golden Arrow Pub (Perth, 267-4500): 9PM
 Sep 1 Brockolees
 Sep 2 Jessie Stone
 Sep 7, 14 Karaoke
 Sep 8, 22 Brea Lawrenson
 Sep 15 Umberlune
 Sep 29 Shawn McCullough
 Sep 30 Poetic Justice Band
The Swan at Carp (Carp, 839-7926): Sep 8, 22 Steve Barrette Trio, jazz, 7-10PM
The Royal Oak (Kanata, 591-3895): jazz on Sun, 2-5PM
 Sep 3, 17 Magnolia Rhythm Kings
 Sep 10, 24 APEX Jazz Band
Naismith Pub (Almonte, 256-6336): Wed Open Celtic Jam, 7:30-10PM

Carp Masonic Lodge: Mon Carp Celtic Jam, 7-9PM
Ashton Pub (Ashton, 257-4423): Sun Open Mic w/Kelly Sloan, 2-5PM [from Sep 10]
Slackoni's (Perth, 326-0380): Sep 21 Jazz w/Peter Brown Trio, 6-9PM
Bridges Bar and Grill (Pakenham, 624-5939): Sep 8 The Shimmy Kings, 8PM
O'Reilly's Ale House (Perth, 267-7994): Tues Brock Zeman & Blair Hogan (Aug 1 Blair Hogan) 8:30PM; Wed Open Jam w/Dave Balfour 8PM
 Sep 1 Jesse Stone, 8:30PM
 Sep 8 Tom Watson, 8:30PM
 Sep 15 Stephen Fisher, 8:30PM
 Sep 29 River City Junction, 9PM
 Sep 30 The Godfreys, 8:45PM
Alice's Village Café (Carp, 470-2233): Open Mic Thurs, 7-10PM
The Waterfront Gastropub (CP, 257-5755): Sun Blues w/ Redneck Limousine 3-6PM
 Sep 1 Mississippi Blues Society Jam, 8:30PM
Festival of Small Halls: 7:30PM unless noted. \$27. ontariosmallhalls.com
 Sep 14 The Abrams, Stonefields, Beckwith
 Sep 17 Jenn Grant, Balderson United, 3PM
 Sep 22 Sultans of String, ABC Hall
 Sep 22 Dave Gunning, Union Hall
 Sep 23 Leif Vollebakk, Merrickville United
 Sep 23 Rosie & the Riveters, Pakenham
 Sep 24 The Outside Track, Maberly Hall, 3PM
 Sep 24 Old Man Luedecke, Tatlock Hall, 3PM
 Sep 28 Ian Sherwood, Renfrew, BYOB
 Sep 29 The Abrams, McD Cmrs Ag Hall, artisanal pizza
 Oct 1 Ian Sherwood, St. Andrew's, Kilmours, 3PM

SPECIAL DEADLINE

for the **OCTOBER** issue of the **Hummm**:
Editorial & calendar info by Sept. 20
Ad bookings by Sept. 22 please!
 (see page two for contact information — thanks!)

MIDDLEVILLE AGRICULTURAL SOCIETY 166TH FAIR

SATURDAY, SEPTEMBER 16, 2017 ★ GATES OPEN AT 10AM

- ★ **NEW** ★ Heritage Day with demonstrations
- ★ Old Time Barn Dance w/ Harry Adrain & Friends
- ★ Home Cooked Ham & Beans Lunch, Turkey Dinner
- ★ 4H Lamb and Boer Goat Achievement Shows
- ★ Livestock ★ Floriculture ★ Homecraft
- ★ Children's Pet Show ★ Teddy Bear Show

ADMISSION: \$5 Children 6 and under FREE
 MIDDLEVILLE FAIR GROUNDS www.middlevillefair.ca

See You (in Perth!) in September

Postcards from Perth

Well, I've adopted a kitten. Her name is Ellie. And she is going to help me write this month's column.

Right now she's a little preoccupied with biting and pawing an old eyeless grey mouse toy to death, but if she weren't she would quite likely remind you that, since Labour Day is coming, it's once again time to grab your sweetheart, your family, maybe even your kitty, and head off to the 172nd edition of the **Perth Fair**.

by John Pigeau (with some help from Ellie)

This four-day family celebration has been bringing folks together since 1845. This year you can expect all the usual fun sights and attractions — entertainment at the grandstand, agricultural shows and exhibits, loads of livestock, a demolition derby, the midway, a plethora of food and games for the entire family — and some brand news ones too, including the Ranch Hand Team Challenge and the Woofjocks Canine All Stars, which Ellie would no doubt find absolutely terrifying. For a full rundown of the weekend's events, please visit perthfair.com. The Perth Fair runs September 1 to 4.

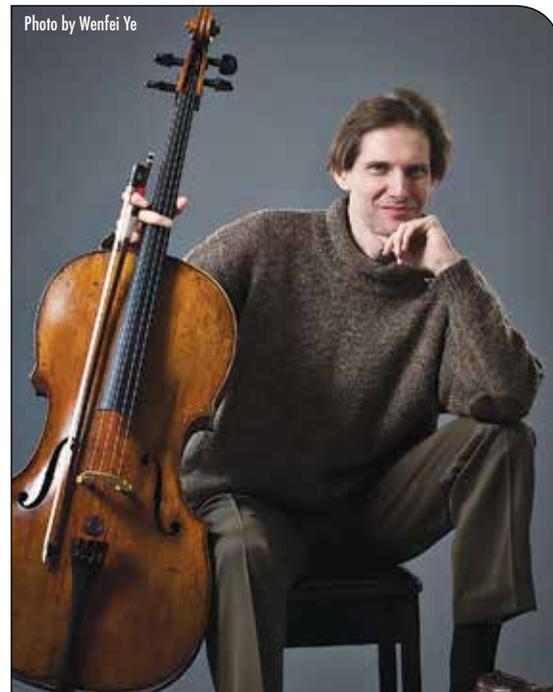
Ellie keeps knocking over my records. I don't believe she knows what music is; still, if she did I bet she would recommend an exiting show coming to the Studio Theatre on Friday, September 8: an evening of traditional flamenco with **Marta and Richard**, playing cante and guitarra. The show starts at 7:30PM and tickets are \$25 and available at the door or at Shadowfax (67 Foster Street, 267-6817).

There is an excellent event happening the next day at Conlon Farm Recreation Complex: the **Parkinson SuperWalk**. The walk is aimed at raising awareness about and promoting advocacy for Parkinson's Disease. All money raised from this major event goes to Parkinson Canada, which provides support services for people with Parkinson's and their families. Last year walkers raised over \$2.15 million. You can register to take part at parkinsonsuperwalk.ca and you can also donate online by visiting donate.parkinson.ca/lanarknorthleeds. The walk starts at 10AM on Saturday, September 9. There will also be music, food and prizes. Ellie gives this event five big squeaky, happy meows. Ohhhh, yes she does.

MERA Schoolhouses's **Blue Jeans Classic Series** continues this fall with a Sunday afternoon concert featuring world-renowned cellist Paul Marleyn. He will be accompanied by the exceptionally talented pianist Frédéric Lacroix. Both musicians have performed throughout the world with distinguished symphony orchestras and as soloists. Lacroix will be returning to the MERA Schoolhouse in November to perform a solo piano concert. Tickets are \$25, plus convenience fee, and are available at ticketsplease.ca or 485-6434. This show should dazzle, so please book your tickets early, as space is limited. The concert starts at 2PM on September 10.

The only movie Ellie has ever seen is *Alien: Covenant* — and even then, she wasn't really sure what the heck a TV was — but you can enjoy some excellent films at the Studio Theatre on its **Oscar Movie Nights**. Mel's Gibson's *Hacksaw Ridge* is next up on the docket, playing on Friday, September 15. October's flick is *Arrival* and November's is *Manchester by the Sea*. Movies start at 7:30PM and admission is \$10. You can reserve them by calling the good folks at the Studio Theatre at 267-7469.

Lake Music at Sunset. Has a nice ring to it, doesn't it? At sunset on September 16, the outstanding soprano **Brooke Dutton** will be performing outdoors near Rideau Ferry in what organizers are calling a "rare and transformative experience" — listening to music *in* and *with* the environment. Dutton has been widely praised by music critics; she has performed at the Luminato Festival, the Scotia Festival of Music, and Stratford Summer Music, among other prestigious events. All proceeds from this unique concert will go to the Perth branch of the Alzheimer Society to help "enhance the lives of those for whom music is often the last window of the world." Tickets for Lake Music at Sunset are \$22, available at ticketsplease.ca (485-6434), and you'll get more details sent to you about the precise location when you purchase a ticket. Bring your own seating — or, as Ellie might do, just plunk down in the cool grass and take in the sounds and sights with sheer delight.



From classical music with cellist Paul Marleyn to a Downtown Abbey High Tea, there's lots going on in Perth & area this month!

William Blais will accompany on piano. Perhaps most fun of all, everyone is invited to dress in 1920s' apparel — pretty hats, long elegant gloves, tasteful dresses, handsome suits, etc. — although you can dress as you like, of course. But there will be a prize for the best *Downton Abbey* costume, so there's more incentive for you. Tickets are \$35 and available at Crossroads Tearoom at 40 Gore St. East in Perth. You can also call them at 267-2152.



Ellie doesn't dress up in period clothing (she doesn't even wear a collar yet), nor has she sipped high tea or eaten finger sandwiches, but *you* can! The second annual **Downton Abbey High Tea** is happening at the Crystal Palace on Sunday, September 17. Last year's event on the Tay Basin was a delightful success, as both sittings quickly sold out and a grand time was had by all. High tea service — provided by Perth Crossroads Tearoom — includes tea, scones, finger sandwiches, and sweets, while

This year's **Terry Fox Run** in Perth also takes place on September 17, at the Conlon Farm Recreation Complex, and all are invited to participate — walk, run, bike, or roll in this great national event. In Perth, there will be a 5K family route and a 10K route, followed by a barbecue, children's activities, door prizes, and a silent auction. Not only is this a fantastic day for an individual, family or group outing, but this non-competitive event celebrates Terry Fox's legacy and raises money for cancer research in Terry's name, so it's a celebratory day too. For further information or to make a donation, please visit terryfox.org and click on "Terry Fox Run" to find the Perth Run site. The run starts at 8:45AM and events run throughout the day.

With that, wee Ellie naps cozily in the sunlit front window — and we both wish you a fun and frisky September!

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Art by Vanda Stanley (above), Claudette Hart (below) and 23 other artists can be found at this year's Merrickville Artists' Guild MAG Artist Tour on the weekends of September 23-24 and September 30-October 1

MAG Artists Studio Tour and Art Sale

Twenty-five MAG (Merrickville Artists' Guild) artists are opening their studios to the public this autumn, on the weekends of September 23-24 and September 30-October 1, from 10AM to 6PM each day. This is a rare opportunity to ask them about their particular art, find out how they got to where they are with their work, and hear the story behind the creation of particular pieces. It lets the art come full circle, and you'll take away something meaningful.

Many of these artists are nationally or internationally known for their work. Art created by MAG Artists includes pottery, fabric art, letterpress, mixed media art, painting, sculpture, cold and hot glass, photography, collage, and cast metal. Participants have been busy all year long in preparation for this tour and your visit to their studios.

Growing MAGnificently, MAG welcomes six amazing artists to their ranks: jeweller and silversmith Fiona Macintyre,

painters Véronique Stefanica and Mary Loos, photographers Bruce Kemp and Laurie Carter, and artist Jane Jeffreys.

And not to be missed are returning guest artists Herman Ruhland, Aleatha Aiken-Sherrer and Douglas MacDonald. The Go Figure artists' group will be exhibiting in Burritt's Rapids on the September 23-24 weekend of the tour.

Check out <mag-artists.ca> for profiles of each participant, images of their art, and the map of the tour. Maps will be available at participating studios and — new this year — you can also pick them up in the Blockhouse Park in Merrickville at the MAG FLAG. Plan your visit to include as many studios as you can.

Everyone is part of the artistic endeavor, and art enriches our lives. Come for a visit to historic Merrickville. You'll be richer for it!

For further information, please contact 656-2178 or visit <mag-artists.ca>.



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Carleton Place Town Hall
175 Bridge Street, Carleton Place

Tickets \$50 available at
The Beckwith Kitchen, 1 Costello Dr Unit 3, Carleton Place
Mills Community Support, 67 Industrial Drive, Almonte
And online at Eventbrite.ca

Please call (613) 256-1031 or email info@themills.on.ca for more information

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Find us on Facebook: MillsCommunitySupport

tapastree is a fundraiser to supplement Mills Community Support's seniors programs and services in Carleton Place, Beckwith Township, Mississippi Mills and Lanark Highlands

ALMONTE IN CONCERT

2017-2018 Season

Northern Reflections
October 15 1:30 pm
Lapland Chamber Orchestra
John Storgårds – Music Director, Conductor, violin

Secrets of Christmas
December 2 7:30 pm
Gino Quilico – baritone
Pascale Croft – violin
Marianne Croft – cello
Dominic Boulianne – piano

From Russia with Love
January 21 2:00 pm
Paul Merkelo – trumpet
Janelle Fung – piano

A mari usque ad mare
March 17 7:30 pm
Saguenay String Quartet
Lafayette String Quartet

Of Church and State
April 21 7:30 pm
Philip Chiu – piano

February 18 2:00 pm
Special Out-of-Series Concert
Beethoven on Record
Andrew Wan – violin
Charles Richard-Hamelin – piano

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Mini Series ③ Concerts	\$ 96	\$ 38
Single Tickets	\$ 35	\$ 15

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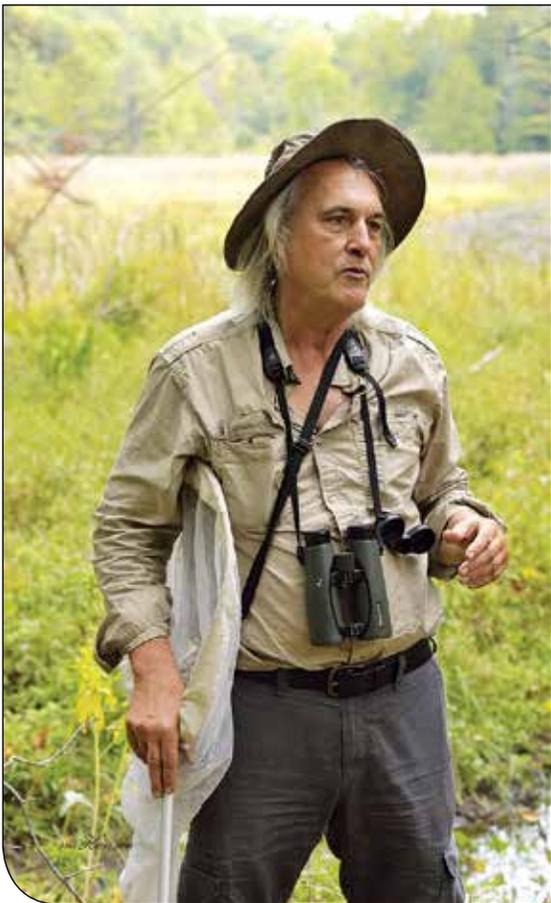
Mississippi Mills
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A Trio of Outdoor Events from MMLT

Somewhat unique among land trusts, the mission of the Mississippi Madawaska Land Trust (MMLT) is not only to protect private lands having ecological, biodiverse, aesthetic, and cultural value, but also “to foster engagement with wilderness.” They believe that experiencing nature provides numerous benefits that contribute to our physical, emotional and spiritual health, and are offering three such experiences in the next month or so.

Walk with Michael Runtz

On Sunday, September 10, take a walk along the wilderness trails of High Lonesome Nature Reserve with one of Canada’s most highly respected naturalists, nature photographers and natural history authors: Michael Runtz. This is his third annual Walk on the Wild Side at this beautiful property with its delightful mix of rich wetlands, forests and meadows. You’ll enjoy his talent for making everyone see the hidden wonders of the natural world; his insights into the area’s plant, insect, bird, and animal life transform a simple walk along the trails into an amazing adventure in the wild.



Registration is at 9:30AM on September 10, and the walk starts at 10AM. A donation of \$10 per person is requested. High Lonesome Nature Reserve is located at 867 Carbine Road in the Pakenham Hills. Take County Road 29 to Pakenham Village and turn onto Waba Road. Continue west for 2.9km, turn left on Barr Side Road and travel for 1.6km. Take the first left at Carbine Road and drive 4km to 867 Carbine Road and you have arrived!

Photography with Simon Lunn

Ready to get re-inspired about photography and the natural world, or simply learn more about the craft? Join naturalist and photographer Simon Lunn on Saturday, September 17, as he shares his passion for photography at High Lonesome.

This 4-hour, outdoor-based, hands-on workshop will highlight basic photographic techniques, as well as exploring how you can capture that image in creative ways and from different perspectives. Simon will be demonstrating some hands-on scenarios and passing on a few tips of the trade. Although the workshop should appeal most to budding and intermediate photographers, there should be opportunities for all to learn. Whether you use a point & shoot camera, DSLR, or smartphone, bring it along. Simon will be available after the workshop to answer questions on a one-on-one basis.

Simon’s first full-time job as a Park Naturalist at Kejimikujik National Park in Nova Scotia was followed by a thirty-year career with Parks Canada. He worked variously as a park planner, park interpreter and visitor services officer for national parks across Canada. He retired in 2004 following an 18-year stint with the Rideau Canal as an interpretation planner, visitor services officer and ecosystem scientist.

More recently, Simon has shared his images with various magazines, tourism agencies, cable TV stations, government agencies and non-profit organizations, and engaged his talents in the form of local photography workshops and community presentations.

Registration starts at 10AM (bring along a packed lunch to enjoy at noon). Tickets are \$75 per person and can be purchased by credit card or direct debit through the ticket order form at <mmlt.ca> — you’ll find it under “Events”. This special event is limited to twelve people.



The good folks at the Mississippi Madawaska Land Trust have three terrific events coming up — a walk with naturalist Michael Runtz (pictured at left), a photography workshop with Simon Lunn (who took the photo above), and a walk at beautiful Blueberry Mountain!

Walk at Blueberry Mountain

The panoramic spectacle of fall colours as seen from the summit of Blueberry Mountain is breathtaking. Experience it for yourself on Sunday, October 1, and learn about the ancient plants and geological features that make cliffLAND so special.

Ecologist Dr. Paul Keddy recently visited Blueberry Mountain and added to their understanding of its history. Nearby Flower Round Lake is known to have been formed 9,500 years ago with a surrounding terrain of post-glacial herbaceous plants and small shrubs, followed by pine and spruce forest, and then some 7,500 years ago deciduous trees such as maple, beech and oak moved in to form our present-day forests.

But on Blueberry Mountain and similar large high ridges where trees cannot grow, those post-glacial cliff and rock barren plants can still be found — such as bearberry, bristly sarsaparilla, rusty woodsia fern, bastard toadflax, pinweed and cow-wheat. These plants are part of an ancient ecological community harkening back so many centuries.

Registration is at 10AM on October 1. A donation of \$10 per person is requested and children 12 and under are free. Children under 12 will be awarded certificates for making the climb. Refreshments will be served after the walk.

Blueberry Mountain is located at 502 Hills of Peace Rd. near Flower Station in Lanark Highlands. Drive north of Lanark on Highway 511 to Brightside. Turn left onto the French Line Rd. Drive towards Flower Station and watch for the right turn when you get to Joe’s Lake. Just before you reach Flower Station, turn right on to Hills of Peace Rd. For more information, please contact Howard or Jean Clifford at 259-3412.



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Mystery Thriller at Perth's Classic Theatre

Following a star turn in the Classic Theatre Festival's award-winning production of *Arms and the Man*, Toronto actor Alastair Love has returned to Perth to play the role of a mysterious farmer in the "comedy-thriller" *I'll Be Back Before Midnight*, the annual nail-biter that plays at the festival's mainstage until September 10 at 54 Beckwith Street East.

The most produced play in Canadian history, *Midnight* is an Alfred Hitchcock-styled psychological thriller about a young Toronto couple who leave the big city to get away from it all, only to encounter weird happenings in their rented spooky old country farmhouse. Penned by prolific Canadian writer Peter Colley, it combines the spine-tingling building of tension and quirky humour of a Hitchcock film.

Anyone who has ever appreciated the unexpected chill from listening to a ghost tale around the campfire will enjoy the compelling tale in which not everything is as it first seems. Questions immediately arise: who can be trusted as a friend, and have those you think you know best been putting on a game face while working behind your back to undermine your stability?

In the middle of it all is Love's portrayal of George, a quirky fellow whose dime-store philosophies and mistrust of city slickers combine to create a curiously endearing character whose decisions will play a key role as the mystery builds to a stunning conclusion. For the gravelly-voiced Love, a professional performer still inspired by his very first appearance on the stage as a six-year-old in a production of *The Muffin Man*, every moment on stage is one he seizes with profound passion.

"I always remember, and get revisited by every time I am on stage, that special feeling of connection in a special place with the other actors, and there's really nothing else like it that I know of," Love explains. That connection with his fellow performers in this show creates a tight ensemble whose work has been applauded by sell-out houses as well as theatre reviewers alike.

Love originally hails from Sarnia, where his family helped found a major music theatre company that staged three large-scale musicals a year, often with casts of up to eighty community members. While he held down a day job in the area's oil industry, his dream was always to pursue a professional acting career, and so after fifteen years of 12-hour shifts, he took the bold step of moving to Toronto.

His former workmates were incredulous that he would give up the security of steady pay and a pension for a life in the theatre, but it's what Love wanted more than anything. And despite the challenges, Love says the journey has been worth it, especially when he can spend his summers in Perth, a town he loves for its community spirit and friendly welcome.

Tickets to *I'll Be Back Before Midnight*, a family-friendly show that has welcomed audience members aged 9 to 94, are available at <classictheatre.ca> or 1-877-283-1283.



Alastair Love is the quirky farmer George in the spellbinding mystery thriller *I'll Be Back Before Midnight*, which plays at the Classic Theatre Festival in Perth until September 10

Maple Syrup Production Workshop

The Lanark & District Maple Syrup Producers' Association (LDMSPA) is hosting a Maple Syrup Beginner's Workshop on September 30. This will be an all-day event to educate those looking to enter into maple syrup production on a home or commercial scale, as well as veteran producers looking to expand their knowledge base. The course runs from 9:15AM to 4PM at the Lanark & District Civitan Hall, at 2144 Pine Grove Road in Lanark Village.

Participants will get the basics on identifying maple trees and tapping, sap handling and storage, equipment and supplies, boiling, density, filtering and bottling, and regulations and grading. A panel discussion and information on maple syrup production resources will also provide valuable information for syrup producers.

LDMSPA is a group of over 90 maple syrup producers located in the Lanark, Frontenac, Leeds and Grenville Counties, as well as the Ottawa-Carleton areas of Eastern Ontario. It is one of 11 local organizations that make up the Ontario Maple Syrup Producers' Association (OMSPA).

Registration for this workshop can be completed online at <maplesyrupworkshop.eventbrite.ca> or by emailing <ldmspa@outlook.com>. If space permits, on-site registration will be available between 8:15AM and 9:15AM on September 30. The cost is \$20 for OMSPA members, and \$30 for non-members. Registrants who join OMSPA will receive the discounted price of \$20. Registration includes lunch during the event. For more information visit <ldmspa.com>.

Mississippi Valley Field Naturalists present Chimney Swifts: The Threatened Species Sleeping in our Chimneys



Guest Speaker: Melanie Farquhar
7:30 pm / Thursday September 21
Almonte United Church



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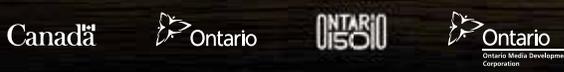
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A new product by 3M (pictured below) can help protect our feathered friends (pictured above, photographed by Sally Hansen) from deadly window collisions

A Birder's Eye View

Feather-Friendly Window Solutions

As the activity around migration continues to increase, I find that window strikes also tend to increase at this time of year. Trees and shrubs have their full foliage, but the sun's position starts to change, which in turn alters the reflections on windows. Bird activity — such as fledglings learning new skills and the competition for food — begins, all playing a role in window strikes.

Using scientific findings, Feather Friendly found that, to be the most effective at preventing strikes, all markers should be placed on the exterior surface of glass, rather than the interior. It was found that the surface reflection of the glass masked any and all markers on interior surfaces.

While being completely visible to our avian friends, the Feather Friendly products have been proven to provide in excess of 98 percent clear viewing for human occupants. Unlike other products on the market today, these systems do not detract from the building appearance itself; instead, they offer building owners and homeowners an unobtrusive and pleasing view.

Their sleek and innovative design is winning over not only homeowners, but commercial real estate owners and management companies as well. Found on many prominent buildings in large cities across North America, the Feather Friendly solution aims to slash these kinds of unnecessary bird deaths, as well as reducing strikes on glass deck walls that are becoming popular.

In addition, a portion of the sales price from each roll of Feather Friendly Bird Collision Deterrent Marker-Pattern Tape sold by 3M is donated to FLAP (Fatal Light Awareness Program) Canada.

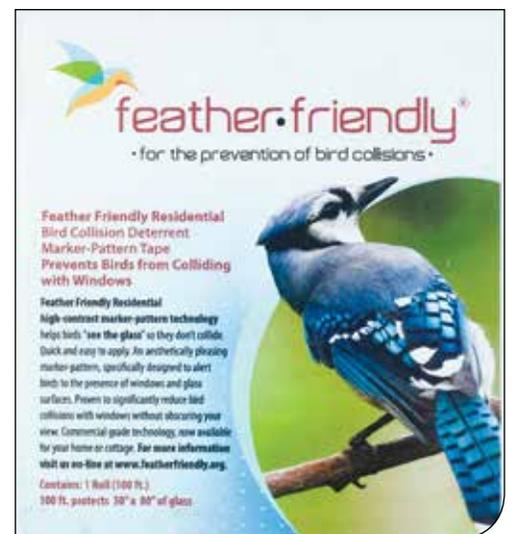
— Bob Volks can often be found at Gilligallou Bird, Inc. in Almonte's Heritage Court <gilligalloubird.com>.

by Bob Volks

With the new Feather Friendly Window Solutions product, hopefully we can decrease our residential impact. Long-lasting, it can be removed and replaced for window cleaning, and doesn't obstruct the view — and the great part is that it is extremely effective. Work is being done at the design level to have products like this introduced into new construction design, and non-profit organizations (such as Safe Wings Ottawa, FLAP in Toronto, and many in the US) are working with cities to convert their buildings to provide an example and help raise awareness. As with most things, awareness is key to effecting change.

Due to increasing awareness about window collisions, much has gone into the design and manufacturing of replacement windows to hopefully deter deadly strikes. Estimates peg the number of annual bird deaths caused by window strikes to be in the *billions*, with many estimating that each building in North America can kill ten or more birds per year. With nearly one million buildings in the city of Toronto alone, it is no wonder that this problem has gained so much attention recently.

For all of these reasons, we are proud to announce that we have brought this wonderful product into our stores and that it is specifically designed to save birds in the most effective way possible. Designed and manufactured by the innovative team at 3M's Convenience Group, the Feather Friendly line of bird deterrent solutions is tough to beat.



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On Being Canadian

While the Amazing Race Canada was barreling through Ottawa in May 2017, there was another event of even greater significance happening: Rotary International's Adventures in Citizenship saw 200 vibrant young people from across the country gather in Ottawa to learn about their heritage, history and culture, and to create dreams for a future full of hope and inspiration.

by Glenda Jones

When Almonte resident and Notre Dame High School student Julia Hawkins heard about this opportunity, she was eager to be there. In early spring she wrote an impassioned résumé and cover letter, indicating her desire to attend. Following an interview with local Rotarians in Carleton Place, she was invited to submit an essay on what Canada means to her. Bordering on the poetic, her essay confirmed that Julia was indeed the very person to represent this Rotary District.

For four days the candidates were billeted in Ottawa. What an opportunity to learn about other geographic regions, religions, and customs! Each day

was filled with presentations, meetings with people like Elizabeth May and an aboriginal elder at the Wabano Centre, visits to museums and parliament, and of course lots of time for fun and friendship.

When asked what she gained personally from this experience, Julia was quick to answer that she could see herself gaining confidence when she had to get up and speak; and that she realized that kids everywhere want the same things for their future: an education, and an opportunity to give back to their country in some way. She is leaving shortly to attend university in Guelph to study Environmental Engineering in the hopes that she can work to save the environment for the future.

Julia's essay says it all: she wears her pride of Canada on her sleeve, and it is obvious that we will hear her name again as she forges ahead with her life. Congratulations, Julia! The Rotary Club of Carleton Place and Mississippi Mills chose well when they selected you for the Adventure in Citizenship!

To learn more about the Rotary Club's Adventure in Citizenship, visit <carletonplacerotaryclub.ca>. The programme runs annually, is open to high school age students, and is fully supported by Rotary.

Always

I was born in Canada, and I've always benefited from my citizenship. I've always known my home, at the top of the globe, and I've always gotten that feeling of pride when I see our vast continent at the pinnacle of the world. Always known that the core of a person is what mattered. Always known that my core is made of the snow and the lakes; from the place where I grew up. I've always known that I represent it, and it represents me. I've never doubted that I have a place where I belong. Being Canadian to me has always meant kindness, and generosity. Equality and joy. We are the 'gentle upstairs neighbours'. And though this is a wonderful picture, it isn't as accurate as we like to think. We've done things that we shouldn't have, and we have things we need to fix. I will always be Canada, and Canada will always be me. And that means working for all of it. It means not just accepting the parts that help me, that I find beautiful, that work with my privilege to give me an easy life. My citizenship means that I am a functioning part of this country. I have to deal with the mistakes it's made, as well as benefit from its success. And it means that I will help to correct those mistakes, so that everyone can feel as proud to be a part of this country as I do.

— Julia Hawkins



Julia Hawkins (second from right) poses with new friends from Rotary International's Adventures in Citizenship in front of the National Archives: (left to right) Jahmavi Ravindrarajan (Toronto), Isabelle Daneyko (Fort Erie) and Linda Boysen (Wellington)



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Ad bookings by Sept. 22 please!
 (see page two for contact information — thanks!)

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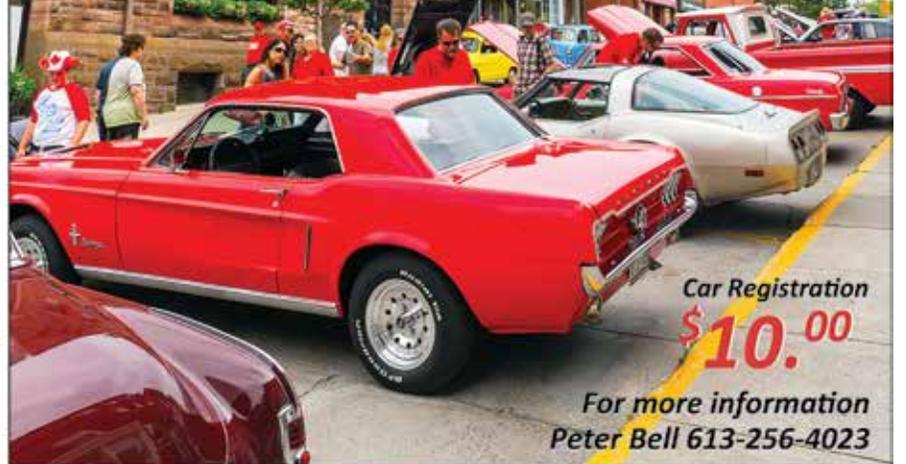
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